

Four Seasons

# BREEZE

Magazine

**SEPTEMBER 2023 • VOL. XIII, ISSUE 1**

The Four Seasons Breeze Magazine is published by Four Seasons at Beaumont HOA & Image Up Advertising & Design  
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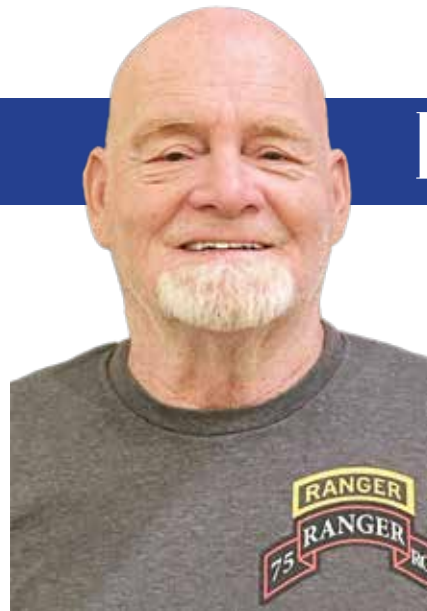
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I LOVED THIS JOB P. 10-14



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P. 16



THE SUPERAGERS AMONG US P. 20-21



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*The HOA Board of Directors meets on the 2nd Thursday of each month in The Lodge Ballroom. The Executive Session is at 9 am and the General Session is at 1 pm.*

### BOARD OF DIRECTORS

Email: [theboard@fourseasonsbeaumont.org](mailto:theboard@fourseasonsbeaumont.org)

President.....Jerry Monahan

Vice-President.....Kathy Craven

Secretary.....Gracy Luna

Chief Financial Officer.....Barry Ginnetti

Member.....Joe Barletta

Member.....Claudia Rozzi

Member.....Larry Workman

### LOCAL PHONE NUMBERS

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Beaumont City Hall.....(951) 769-8520

Animal Control.....(951) 769-8500

### LOST & FOUND PETS

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## BOARDS

**COMMUNICATIONS:** Irene Welker, Chairperson; Kirk Freyermuth, Co-Chairperson; Cathleen Allen, Karen Burton, Judy Ferrier, Andrea Henderson, Rhonda Louden, Norma McGee, Tina Soeten, Elizabeth Westbrook, Mel Zeldin; Stacey Broderick and Courtney Taylor, Publishers; Jerry Monahan and Claudia Rozzi, Board Liaisons; Justin Bardos, Cindy Graves, and Danya Lynd, FSR Reps.

**CANINE CORRAL COUNCIL:** Martha Franck and Barbara Morton, Co-Chairpersons; Jeff Davidson, Teri DiMarino, Alton Gray, Lynn Jahnke; Jolene Cooley, Finance Committee Liaison; Jerry Monahan and Barry Ginnetti, Board Liaisons; Lynne Cesario and Adilene Gutierrez, FSR Reps.

.....

## COMMITTEES

**ARCHITECTURAL:** Steve Cooley, Chairperson; Eileen Escobedo, Co-Chairperson; Denise Fleming, Allen Koblin, Bernard Newcomer, David Turner, Zsuzanna Vincze; Larry Workman and Joe Barletta, Board Liaisons; Mykal Thuney, FSR Rep.

**COMMUNITY PLANNING:** Colin Taylor, Chairperson; Johanna Ballard, Charles Caldera, Jane Hooper, Zsuzanna Vincze, Phillip Westbrook; Kathy Craven and Barry Ginnetti, Board Liaisons; Eric Zarr, FSR Rep.

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**FINANCE:** Jolene Cooley, Chairperson; Boyd Barlett, Vice-Chairperson; Brad Hodge, Michael MacQueen, Sharon Margulieux, Howard Ochi, Zsuzanna Vincze, Elizabeth Westbrook; Kathy Craven and Barry Ginnetti, Board Liaisons; Eric Zarr and Lynne Cesario, FSR Reps.

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**COMMUNITY AMBASSADOR:** Anita Worthen

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At the Four Seasons at Beaumont website, [fourseasonsbeaumont.org](http://fourseasonsbeaumont.org), you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

.....

**TO SUBMIT ARTICLES/PHOTOS:** If you are submitting a monthly article or have a photo to be considered for an upcoming cover, please send to [fourseasonsnews@yahoo.com](mailto:fourseasonsnews@yahoo.com). **ALL SUBMISSIONS ARE DUE BY 12 NOON ON THE SIXTH OF THE MONTH.** For more info, call Courtney at (909) 797-3647.

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# MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice-President

The end of summer and beginning of fall is the most wonderful time of the year for the Board of Directors and the Finance Committee, as this is when we begin looking at the budget for next year.

I say that in jest, but we do begin the budget process during this time period.

Each year we look at the previous year's budget, and with much thought and deliberation, we look at the current year's budget and forecast where we believe we need to be next year. This is based, as I indicated in last month's article, on the Consumer Price Index (CPI) for Riverside County as well as the inflation numbers. Although the inflation numbers were down to 3 percent, we did face at least 9 percent in the 2023 budget.

Last year (2023) we also had a perfect storm of increases with our gas, electric and especially water, which increased exponentially. Additionally, we had normal cost of living raises in our FirstService Residential contract as well as others.

As I write this, we have solicited Requests for Proposal (RFP) for our Landscape contract, with all proposals due back no later than Aug. 18. Our landscape contract for "mowing and blowing" and general landscape is about \$1.1 million per year. In addition, we also have tree trimming and tree removal lines in our budget. There is also a \$94,000 line item for landscape extras. This is for the Landscape Committee to replace plants and trees that die.

There are several factors that go into a budget. The money in the budget is funded solely by each homeowner's HOA dues (the Board of Directors and Finance Committee members are homeowners, too). With that in mind, we do look to save money anywhere we can. First, we look at our Reserves funding. As of June, we were funded at 91 percent. The Board of Directors would like the reserves funded at 100 percent, but with inflation numbers it did drop this year in January to 89 percent. Since this is a 30-year plan, it will fluctuate throughout the year. Actuaries look at projected numbers and interest rates, and calculate where we should be. Next, we look at forecasted projects our committees submit, as well as capital spending, and calculate the

cost to determine if it is something we really do need. Each item requested is costed out and ultimately passed or rejected in an open Board meeting.

To break down our budget simply, our operating budget is about \$5.6 million this year, of which half is our landscape and management contracts. The rest of the budget is utilities, smaller contracts, and daily operating expenses.

As the budget progresses, I will keep you updated through this article, and any budget reached will be voted on in the November open Board of Directors session. The full budget will be mailed by the end of the year to each household.

The Board of Directors meeting is held the second Thursday of the month at 1 pm in the Ballroom. It is a good way to stay up-to-date on how our money is spent. Per civil code, we are unable to engage in conversation in this setting; if you would like to meet with Board members in an environment where dialog is allowed, our monthly Meet with the Board takes place the third Wednesday of each month in the Ballroom at 2 pm.

If you have any questions or concerns, please contact me at [kathycravenbod@yahoo.com](mailto:kathycravenbod@yahoo.com) or at (714) 722-1301.

Don't forget to read the Daily Report/Activities Blast or the Breeze for all the activities, and get out and enjoy yourself!

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## GENERAL MANAGER'S REPORT

By Eric Zarr, [eric.zarr@fsresidential.com](mailto:eric.zarr@fsresidential.com), (909) 991-8337

**ASSOCIATION ALERTS** We have used email with the Daily Report for several years and during the fires sent multiple emails per day updating owners. We recently upgraded our service with the e-blast vendor to also have text alerts. If you would like to be on the email and text alerts, you can email [issues@fourseasonsbeaumont.org](mailto:issues@fourseasonsbeaumont.org) or go to <https://mailchi.mp/fourseasonsatbeaumont.com/sms-signup>

**ARC PROCESS** Any work done on the exterior of your home, whether in the front yard or behind your fence, needs ARC review and approval. Please make sure that you submit the necessary paperwork to ARC and receive approval from ARC before starting work.

**AUGUST DOLLARS AND CENTS** At the August Board meeting the following projects and bids were approved:

- ARC Committee Business Cards: \$322.66
- 106 Trout Run Tree removal: \$640
- May 26 Walk Updates Landscape: \$525

- 402 Saddlerock Common Area updates: \$875
- Saddlerock Common Area Slope updates: \$700
- Phase E Tree Replacements: \$2,310
- Four Seasons Circle Park Strips: \$46,000
- Card Tables for Clubs/Groups/Classes: \$1,536.57 (Reserve expense)
- Ballroom Table Replacement: \$8,221.80 (Reserve expense)
- Billiards & Game Room TVs: Not to exceed \$800
- 2023 Reserve Study \$1,250 main HOA, \$450 FYCC, and \$500 Springdales
- Bistro AC Unit Emergency Repairs: \$10,692 (Reserve expense)

**SLOW DOWN** A reminder I give at each Open Session Board meeting is to slow down. Once you are home behind the gates, speeding or not stopping at stop signs will only save you a few seconds of time. Speed limits are 30 mph on the Circle, 25 mph on all side streets and 15 mph in parking lots. Please slow down and drive responsibly. Also, please use the sidewalks if you a pedestrian.

## Meetings

### BOARD OF DIRECTORS

	DAY	TIME
Executive Session	9/14	9a
General Session	9/14	1p
Committee Chairs	9/11	10a

### SUB-BOARDS

Canine Corral Council	9/4	10a
Communications Board	9/27	10a

### COMMITTEES

	DAY	TIME
Architectural Review	9/6, 20	8:30a
Community Planning	9/28	See Daily Rep.
Facilities	9/13	9a
Finance	9/26	1p
Landscape	9/19	1p
Safety (includes EPC)	9/5	10a
Social	9/5	

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monthly  
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# BANNING WAREHOUSE UPDATE

*By Jerry Monahan, Board President*

I have been in contact with the PAG (Pass Action Group) Committee, and have been told the court case is still on schedule for Nov. 17 in front of Judge Hopp.

Randy Robbins, who is on the PAG Steering Committee, has indicated that there has not been much change since last month's update. He did note that the PAG Group is just a few thousand dollars short of reaching their goals that will take PAG through any appeals process.

The financial goals have been reached through the generous

donations of residents of Sun Lakes, Four Seasons, and other groups in Banning/Beaumont and Pass Area for the court case. The PAG Board of Directors thanks everyone who have supported and continue to support the efforts to stop the Banning Point Warehouse Project.

Preparations continue for the November court hearing by the PAG Board of Directors and their attorneys. Additional information will be reported in the *Breeze* or Daily Report as it becomes available.

## PHOTO ASSIGNMENT

### GOOD SPORT, GREAT MEMORIES

We would like to invite you to participate in our Sports Memories Illustrated pictorial. If you have a picture from the past or present that illustrates you participating in sports, please submit with a caption. Email to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com) and if you have any questions, please call Courtney at (909) 797-3647. The deadline to submit is Dec. 6.

## ATTENTION HOME COOKS!

### FAMILY RECIPES WANTED

Do you have favorite family recipes that you or your family served either on special occasions or for everyday meals? Or perhaps you have a treasured heritage recipe that is part of your ethnic or cultural background? If you would like these recipes to live on, and are willing to share them, please submit a copy of the recipe to [Irenewelker55@gmail.com](mailto:Irenewelker55@gmail.com). Include the recipe, your name, and telephone number in the body of the email. You may also include a picture if available. If you have any questions, please call or text Irene Welker at (951) 275-7081.



# From the Activities Director

By Cindy Graves

Oh my goodness! It's fabulous fall already! I just can't believe how fast the months are flying by. This month is going to be another fun one starting with the next Loggia Concert Dance Party, featuring the rad Rock 'n Roll sounds of RedFish. This band is made up of some of your favorite musical residents: Stan-the-man Sweeney, Raul Baustista, Scott Mulligan, and John Wagner. Come down and join us on Saturday, Sept. 9. The Bistro will be offering a special buffet to go along with the whole special evening. The buffet will start at 5:30 pm and the concert dance party will start at 7 pm. There are no tickets required for the concert/dance, but keep your eye on the Daily Report, because the Bistro may want to do pre-sale buffet tickets with a discount for purchasing ahead. If we have inclement weather, we will move it into the Ballroom, so plan on attending regardless of the weather.

Speaking of talented residents, have you seen the amazing artists we have living here? If you haven't had the pleasure of seeing the latest works of art from these residents, please come by The Lodge Lobby between Sept. 9 and Sept. 17. I think you'll be blown away at the unbelievable creativity! This art show will showcase the students in Rob Kelman's Mixed Media Art class.

If you haven't picked up your tickets for the Social Committee's Barbra Streisand and Frank Sinatra Show, you better hurry. These tickets won't last long. Once again, they received approval for DJ Dave to keep the crowd going with dancing after the show. You'll have music in your bones from the great show, so you might as well have an outlet afterwards.

Sept. 17 is the Amphitheater Concert Series Grand Finale and what a show this will be with the U-2 Experience band. This is going to be another outstanding show and you will love it. Thank you to the Bistro for cooking up more hamburgers and hot dogs for us to finish

this show and thanks to all of you for the being so great with lawn chair set-up this entire season. This proves once again that 99 percent of our residents are incredibly thoughtful, considerate, and rule-abiding. You guys don't need any more lawn-chair-police from now on. Thanks for being you!

Sept. 22 will be another "Musical Name that Tune" with Karen Belcher. This event is free to you in The Lodge Ballroom starting at 6 pm. Everyone is welcome and you are encouraged to bring

in your dinners and favorite beverages. This was a real hit last time so why not check it out?

Sept. 23 at 5:30 pm is Karaoke this month also in The Lodge Ballroom. Everyone has really been loving the more intimate set-up and attenders have been so encouraging and attentive to those performing. Come with a song and impress your neighbors. There is no fee to attend.

Finally, the HOA Fall Crafts Fair is on Saturday, Sept. 30. It will open at 9 am in The Lodge Ballroom and go until 2 pm. What a great way to pick your unique, handcrafted autumn decorations as well as Halloween, Thanksgiving, Christmas, and Hanukkah gifts. I love giving gifts that no one else can give my family and friends.

Have a great September and if we're lucky, it'll cool down a bit!



*RedFish: Residents Scott Mulligan, Stan Sweeney, Raul Baustista, and John Wagner play in the Loggia on Sept. 9*



## SPECIAL EVENTS IN SEPTEMBER

Sunday, Sept. 3, 6:30 pm: Trivia Night  
Saturday, Sept. 9, 7 pm: Loggia Concert  
Monday, Sept. 11, 9 am: Lodge Lobby Art Display begins  
Sunday, Sept. 17, 7 pm: Final Amphitheater Show of the summer - the U2 Experience  
Friday, Sept. 22, 6 pm: Name That Tune Game  
Saturday, Sept. 30, 9 am: Harvest Craft Boutique

# CHOOSE A JOB YOU *Love* AND YOU WILL NEVER HAVE TO *work* A DAY IN YOUR LIFE

*Thank you for searching through your photos to remind us that our jobs in the past made our lives productive, meaningful, and fun.*

*I was a Chief Engineer at Honeywell Aerospace involved in classified programs. People are only cleared for what they need to know. ~ Colin Taylor*



*I chose to be a stay-at-home mom for five years. I loved creating outfits and watching my Cori experience new things. ~ Kay Lindler*



*In my youth, I worked as a stunt woman for television and motion pictures and specialized in high falls. Now I'm the CEO of the Stunt Kids Association of Hollywood and head stunt coordinator training actors to safely perform stunts. I also work as a 2nd unit director. ~ DJ Lasky*



*In 1980, I was a teacher at Fairview Developmental Center for severely handicapped students under 18 years old in Costa Mesa. I was presenting to one of my students an achievement award during Graduation Day. ~ Puring Stifter*



*I worked 35 years in the military space field. Here I'm at Cape Canaveral Air Force Station, getting ready to launch one of many satellites. ~ Lori Crosse*



*Yolanda Johnson Everett, BA.,MA. teaching Honoring Your Marriage recently*



*It was fun working in Montgomery Wards in Maryland because of the interactions with customers. This time I wanted to show the large capacity of the dryer. ~ Sherrie Barton*





*I loved my job as a sales manager selling toys like spider rings, whoopee cushions, cuddly stuffed animals, and light-up toys, etc. to the Family Fun Centers and arcades for redemption at their prize counters. ~ Rorie Snyder*



*I'm in the middle with my right arm in a sling enjoying the sunshine with Victoria Elementary students parading their windmills from Science Week. I was the assistant principal in the RUSD. ~ Jan Rhodus*



*Linda Stratton, Executive Director, San Bernardino County Medical Society (1977-2010), pictured with Ronald Bangasser, MD, California Medical Association President*



*I was a chef at various restaurants and country clubs. This was taken when I worked at California State University, San Bernardino. I was executive chef there for 30 years. He oversaw the food for students and staff as well as catered black-tie events for up to 1,000 guests. ~ Tito Calderon*



*I worked at Bed Bath & Beyond in Beaumont for more than four years and loved it. I met so many residents from our surrounding areas and I was delighted to assist them with purchases for their home. After this job I finally decided to throw in the final retirement towel. Thanks for the memories, BBB. ~ Karen Reed*



*Mary Townsend, Retired Nursing Professor and author of Psychiatric Nursing Textbooks*

*Doing my part to keep the lights on for you. ~ Scott Snyder*



*I was an art teacher at Rancho Cotate High School in Rohnert Park, CA. ~ Mary Lynn Archibald*





*Nursing is the work of the heart. This picture is from 1983. I was a nurse for Kaiser from 1984-2022. ~ Blanca Moriel*



*I was the chief engineer for Cal State San Bernardino. This is a photo of me helping to contain the Old Fire in 2003. ~ Phillip Westbrook*



*Back in 1978, this picture was used in trade magazines. I loved being the Product Manager for Lasco Fittings. 0 ~ Larry Workman*



*I flew the KC-135 from 1976 to '82 and the KC-10 from '82 to '88. Total flight time was 11,000 hours. ~ David Kirkland*



*Back in 2008, I was an elementary school teacher from the RUSD. I created a Fantastic Kids Club for an after school program promoting drug-free lives. We were invited to a parade in Loma Linda. I'm in the white shirt on the back of the truck ~ Elizabeth Westbrook*



*At right: May of 1969, I was a Riverside Police Motorcycle Officer. ~ Jerry Monahan*



*Captain Jack Federoff, USN, Ret. with Col. Oliver North*



*I'm second from the right (red bandanna) as Deputy Barbara for the day during a promotion party with Sheriff Eric and co-workers. ~ Barbara Wasco*





*I worked as a Public Works Compliance Consultant after retirement. ~ Karen Belcher*



*I had just met with Assemblyman Kansen Chu to work on legislation for arts education for all students in Sacramento in this photo. Pictured with me (I'm second from the right) are key arts education leaders from around the state. I loved this role as Director of Create CA and still am involved in consulting with Riverside County Office of Ed on their arts education plan. ~ Pat Wayne*



*Pastor James and Mrs. Seim (Bertsy) on Roundup Sunday*



*I was the Office Administrator for an underground utilities company, Patriot Pipeline, Inc. ~ Christi Mason*



*Elizabeth Gallegos served in USAF, Retired Chief Flight Nurse*



*This is one of my favorite memories working in the high-end cosmetic and skin care industry. Loved this job! ~ Lisa Johnson, second from right*



*Mrs. Seim, Kindergarten teacher, on Storybook Day*



*I retired from Loma Linda University Medical Center in 2009 as Founder and Director of the LLUMC Immunology Center. My job as a Transplant Immunologist was incredibly gratifying allowing me to be part of a team creating organ and stem cell transplant surgical procedures that has saved many thousands of lives. At LLUMC, I practiced and taught organ and cell transplant immunology to doctors and students from around the world.*

*In 1984, LLUMC made international news with the groundbreaking Baby Fae, Baboon infant heart transplant. Since then, hundreds of hospitals have transplanted hearts in thousands of babies, saving their lives. This photograph was taken of Dr. Leonard Bailey, the famous cardiac transplant surgeon, Baby Fae, and me. TI very much appreciate the opportunity to share this photograph, the marvelous beginning of a life-changing procedure, with my Four Seasons' neighbors. ~ Dr. Sandra Nehlsen-Cannarella*





*Vivian Walker, VP of HR, dressed for casual Friday before Labor Day*



*One of my favorite days as a Kindergarten teacher was Weird and Wacky Day!  
~ Cheryl Diego*



*Mike and I were involved with the Fond du Lac, Wis. Optimist Club from 1988 until 2018. I was a treasurer for several tenures and its president in 2015. The mission was to raise funds for local youth and community groups and we were proud to help raise \$800,000 over time. It was a joy and honor for us to have been part of this organization.  
~ Marianne Bugni*



*The photo above left is of the Rock that is now placed at the entrance to LACMA (LA County Museum). The artist who was hired to supply a unique piece settled on this boulder he found in a Pedley rock mine. It weighs over 700,000 pounds. I was contracted to weigh it and find a route from Pedley prior to transport to Los Angeles. The picture shows our 800-ton Gantry with fish scales attached to determine weight. The second picture is its current placement at museum. And I did love this job! ~ Craig Chubbuck*



*I was an ER nurse for 17 years. On Halloween we were allowed to dress in "non-bloody costumes." This is the year I tried to look like a pirate.  
~ Karen Evans*

*Here is a picture from one of the many informational fairs and seminars I have done for the last 18 years to inform Veteran of their Burial Benefits. ~ Lori Molter*





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# The Extraordinary Life of Alton Gray

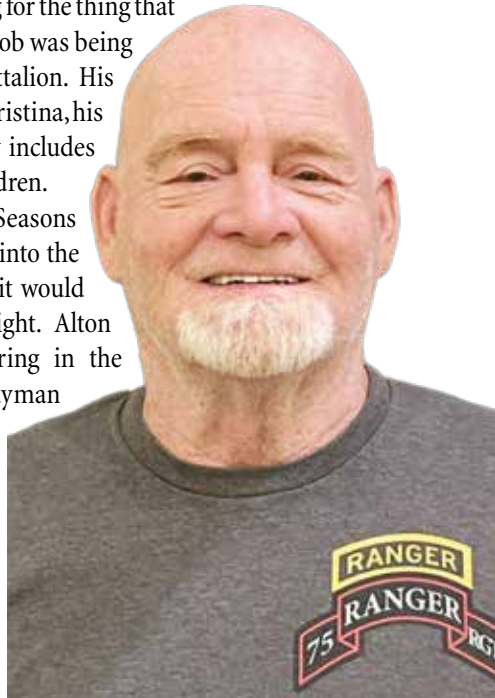
Where's Alton? He's here, he's there, he's everywhere!

Alton is the type of person who loves to be out and about. He enjoys meeting people and getting involved in events, parties, and get togethers. He enjoys being involved because it is fun and he gets to meet all types of people. Alton's volunteer credentials are many and varied, including, but not limited to, selling raffle tickets at Taste D'Vine meetings, working with the Canine Corral group, or helping the Social Committee sell event tickets. He also works with the Amphitheater crew helping the musicians transfer their equipment from their vehicles to the stage area, setting up, breaking down and loading all the equipment back in the musicians' vehicles after the concert. Plus, he is not only involved in the golf cart parades, he and a few friends initiated the very first parade nine years ago. It consisted of just nine golf carts.

Alton's life is punctuated by achievements and milestones. Throughout his life, he has demonstrated an unwavering determination and commitment to making a difference. He followed a circuitous career path searching for the thing that would make him happy. He said his best job was being a Ranger in the U.S. Army 2nd Ranger Battalion. His most significant decision was to marry Christina, his wife of 27 years. Their combined family includes three sons and a daughter, plus grandchildren.

Alton and his wife moved to Four Seasons nine years ago. He did not want to move into the community, but she convinced him that it would be a good move. Clearly Christina was right. Alton not only became involved in volunteering in the community, he assists residents with handyman and yard services to keep himself busy. And, he recently discovered his creative side and life's passion when he started making steam punk sculptures.

Clearly Alton enjoys his life in Four Seasons. He said he has been blessed with a good life. ~ Irene Welker



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**DID YOU KNOW** we are living in the Anthropocene epoch? This is defined as the modern era characterized by human-dominated landscapes, reduced wildlife populations, and chaotic climates. Some wildlife thrive in and adapt to human-dominated

landscapes. Wildlife have diverse and important values; contributing to various ecosystem services and supporting human well-being. The best available science indicates humane techniques that emphasize coexistence are more effective at preventing or reducing conflicts and wildlife management costs over the long-term. Ultimately, coexistence with wildlife is essential for all life, humans, and animals alike. Within the walls of Four Seasons Beaumont, this understanding is especially valuable, as we have chosen to tuck our homes deeply into lush native landscapes and stand guardian to our community's beloved Potrero Creek. A healthy respect for our natural environment will allow each of us to keep ourselves and our pets safe from wildlife conflict. Experts advise that you do not feed pets or stray animals outside. The smell of pet food attracts wildlife. Do not allow your pets to roam free. Provide a safe outdoor enclosure or keep them as inside pets. All pets should be walked on a leash. Lastly, please understand that most fences do not keep out wildlife.

**DID YOU KNOW** the plants in the Four Seasons common area are not yours to destroy? If your neighbor planted a shrub and you didn't like the flowers, would you dig it up? If your neighbor planted a tree 15 feet from the property line, would you cut it down because some leaves blew into your yard? Don't forget that for many of the homes in our community, the HOA is your neighbor.



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# THE MUSIC MAN

## *Amphitheater's Director Mark Lassen*

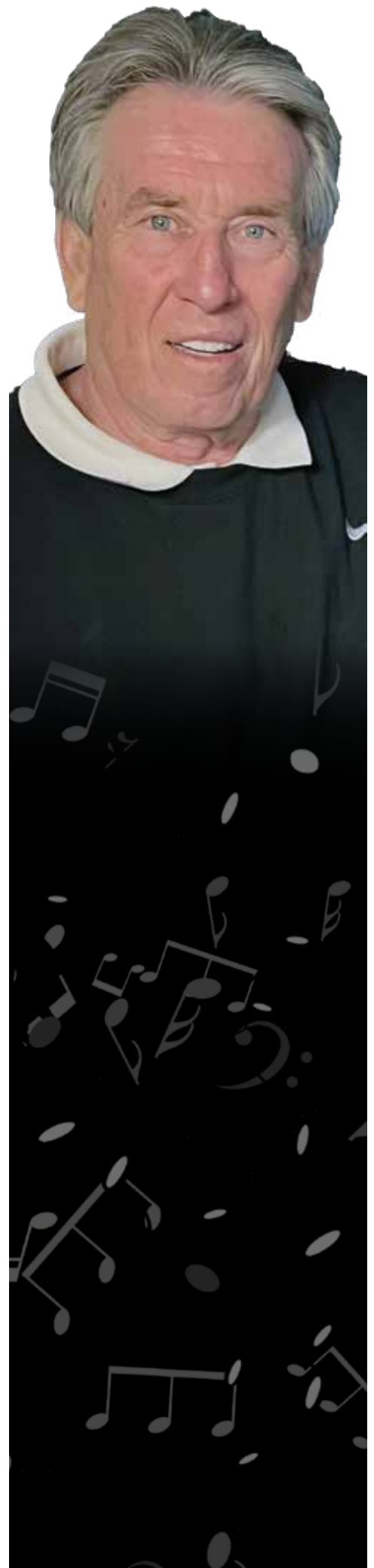
*By Cindy Graves*

The Amphitheater concerts have become one of Four Seasons' most looked forward to events of the year. The historical evolution of how these concerts came to be as they are today, is a fascinating one. For the first four years, 2005 – 2009, we basically looked at the little Amphitheater as just a lovely landscape amenity. In 2009 we began trying out some little non-budgeted musical events, using family members and musical friends of our first Amphitheater Group Captain, Penny McDonnell, and me. This went well and eventually the Board of Directors allocated a small budget to put towards entertainment. In 2013 Mark Lassen arrived on the scene, moving into the neighborhood. He and his wife attended several of those concerts and with the encouragement of Barbara, Mark determined to offer his time and talents to the group. He was a perfect fit, with his love of music and his expertise corporately in organization and negotiation. He served under Penny until she relocated at the end of 2013.

With a need for leadership, Mark stepped in to continue with the established priority of offering HOA sponsored concerts, so everyone in the neighborhood could enjoy a fun evening together regardless of their financial situation. For several years we had a tradition of giving out what we called a "door-less prize" at the concert intermissions. Barbara Lassen generously offered to upgrade that gift and soon become the creator of the beautiful gift baskets we give out today. One of the advantages of Mark taking the lead, as mentioned above, was his incredible negotiation skills. His *modus operandi* is based on the philosophy of establishing good relationships with the bands and building bridges. This translates into a superb foundation for being able to negotiate band fees that were formally out of our price range. Since the Amphitheater budget comes out of my department budget, I give a big shout-out of thanks to Mark!

Mark has a team of superhero resident volunteers that make up the Amphitheater Team including Cindy Schwinn, Al Gray, Bill and Mary Christelman, Brenda Florio, Tom Olsen, and Terry Hall (I'm privileged to also be a part of this team). Mark has been able to maintain a cohesiveness within the team by keeping the team purpose paramount, making sure everyone is on the same page and being sure laughter and camaraderie are in ample supply (we won't mention the delicious donuts he brings to each meeting). One of the other things the team enjoys is Mark's opening meeting moments, that have come to be called, "Mark's Profundities." These are thoughts he has, that focus on the positive and deeper meanings from the kaleidoscope of life. All in all, everyone who is part of the team works hard and has a great time!

The Four Seasons is certainly lucky to have the marvelous Mark Lassen at the helm of the Amphitheater group. He's brought the concert quality up every year and because of that, the Four Seasons Board of Directors have felt more confident in ensuring the required budget for the concerts, knowing that it will be stretched to acquire the best show talent possible. The attendance to the shows has also increased exponentially and the Bistro is now on board to provide grilled cook-out food at each concert. Overall, the whole Amphitheater concert series experience is getting better and better as time goes on thanks to Mark and his whole team. If you love music and would enjoy serving the community with other fun people, consider joining the Amphitheater group. Just drop me an email or come and talk to me at The Lodge. I'd be happy to let you know when the next group meeting is or connect you up with Mark directly. Thank you Mark and the Amphitheater group; you are continuing to make a big difference in this wonderful community!





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# THE SUPERAGERS AMONG US

By Karen Burton

SuperAgers are those folks who age well. So, what does that mean? According to Harvard researchers, the term “super agers” was coined to qualify those in a recent clinical study who were statistically deemed the “healthiest and the happiest.” The decades-long research made a surprising determination. What separates the super agers from the rest was one stand-out detail: they had strong social connections. Period.

It had nothing to do with fame or fortune. It was not about marital status. Though diet and exercise are important, it wasn't about those things either. The dominant common denominator of SuperAgers is they had curated a vibrant social circle, undergirded with a guided sense of purpose and meaning.

See for yourself and be inspired as you learn about four of our Four Season SuperAgers, with the average age of 84. Each of them supports the research and illustrates a powerful proverbial truism, “He who refreshes others will himself be refreshed.” Whether family is close by or gone, whether friends or spouses have died, whether health could be better, they showcase that our last chapter can be our best. These folks, like the rest of us, have suffered many losses, betrayals, and disappointments, yet they aren't wasting their pain. Instead, they are using what they learned from it to help others.

Another study about aging and longevity emphasized the Relationship Quotient (RQ), the art of developing interpersonal relationships. Social researcher Brene Brown espouses, “Vulnerability is the portal to creativity, joy, belonging, and love.” Developing high RQ reinforces personal fulfillment, which increases serotonin production, raises energy levels, improves memory, enhances

problem-solving abilities, and activates the immune system and the part of the brain that produces endorphins. Bottom line: RQ increases psychological, physical, emotional, social, intellectual, and spiritual well-being.

Another clinical study of the aged summarized two contrasting mindsets. These Swedish researchers coined the terms the “welderly” and the “illderly.” The former reconciles the terminus of life with an open heart. Their emphasis is on what they have — from a place of abundance, curiosity, gratitude, and acceptance. Whereas illderlies enter their later years with a closed heart. Their emphasis is on what they don't have — from a place of scarcity, disregard, grievances, and resentments. The study concluded that despite its challenges and inconveniences, old age can be a highly productive, highly rewarding, and ultimately, a meaningful period of life.

So, a question: What are we curating for ourselves? Maybe we can take a risk and do something different to expand our connections. Perhaps we can attend a new event, check out a game club, join an exercise class, try a new craft, join a committee, learn some new dance steps, enjoy movie nights, sample some wine, do a new sport, go on a new adventure. Let others do the driving, whether it's the Travel Club or the 4x4 Club.

A long-time resident calls our community a “League of Nations.” All nationalities, ethnicities, religions, races, sexual orientations, socioeconomic backgrounds, health levels, and life experiences abound at Four Seasons. We've got a smorgasbord of people, activities, and interests to enjoy. Let's pick up our plate and partake of these social goodies to add more health and happiness to our body, mind, and soul.



*Dan Hazeltine, 70, a retired educator, serves others with dedicated generosity. He wears many hats at Carol's Kitchen, facilitates online “Love of Aging” discussions, serves as the Rainbow Group's chairperson, among many other involvements. His theatrical career was booming (having worked with Debbie Reynolds and other top musical performers), when he got hit hard with a life-changing illness that changed everything. He attributes this hardship to changing his priorities. Dan inspires, “Anyone who's not dead can make a difference.” He imparts, “We need to jump out of our plane of comfort ... to our next phases of life ... It is in jumping out where our souls are unshackled and we are free to fly.”*





Lynette Simonson, 89, is a bundle of energy. Being partially blind doesn't stop her from living to the fullest with spunk and sass. She enjoys ballroom and line dancing, being active in her church, world traveling, and being with friends. She recalls memories of designing and building a mountain home with her second husband below Idyllwild, befriending Indian artisans, and 4x4 off-roading across the country. What keeps her buoyant is embracing "the bumps in the road." She touts, "The more terrain you travel, the more bumps there are. Get over them."



Harry Henderson, 90, a retired insurance agent and an electronics technician, among other professions, keeps vibrant with volunteerism. Since moving into Four Seasons eight years ago, he's remained active physically and mentally. He's very involved with Carol's Kitchen, has been a lay minister for 28 years in numerous states, has traveled the world, enjoys ham radio, and is a member of TOPS, where he's reached and maintained his medically suggested weight. He finds joy in knowing he's making a difference, no matter how small it may be. He exemplifies what Mother Teresa said, "We do not great things; we do small things with great love."

Jan White (in the bell bottoms) is an inspirational octogenarian. Her vivaciousness abounds as she discovers new things, brings out the best in others, learns from the Bible, and sustains enthusiastic curiosity. After retirement, she served as an editor, joined fashion shows and performance-art productions, and taught ESL and Spanish.

She likes the maxim, "Worry does not rob tomorrow of its sorrow; it robs today of its strength."

Her life motto: "Laugh when you can, apologize when you should, hug warmly, forgive quickly, play hard, take chances, give your all, and have no regrets! Because life is too short to be anything but happy!"







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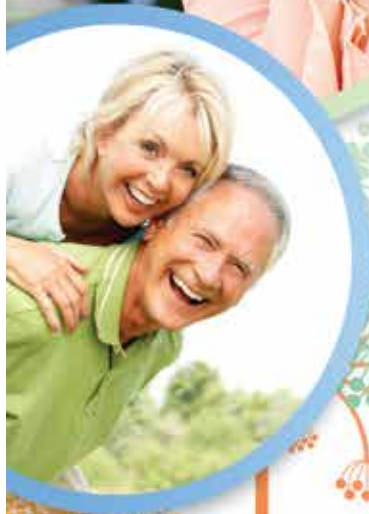
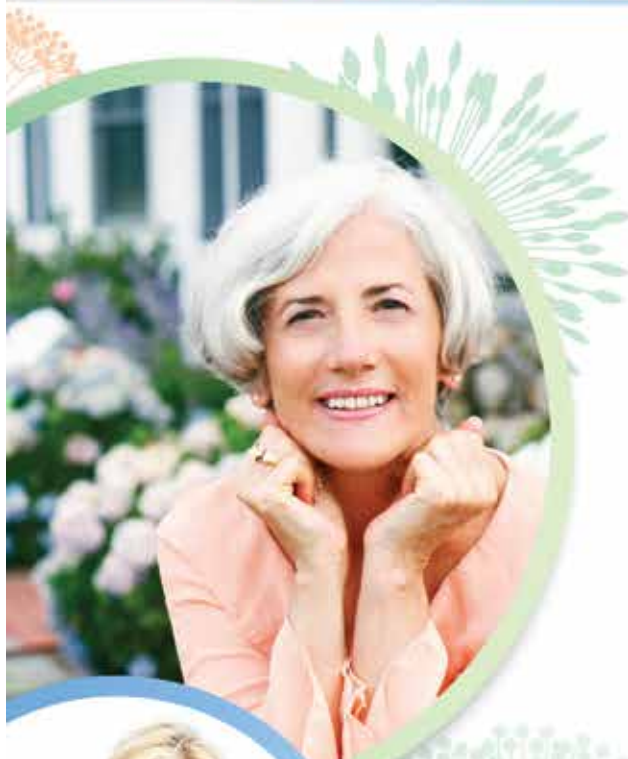


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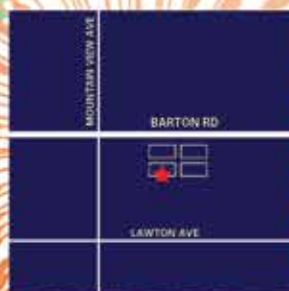
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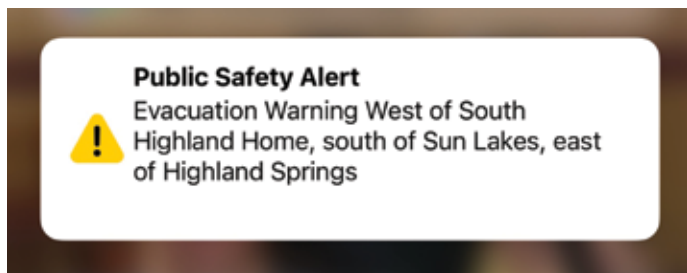
# Our Own Four Seasons First Responders

Our FirstService Residential staff are on the job! On Friday, July 14, our Courts attendant first reported the Highland Springs Fire to our management staff. Kudos to our General Manager, Eric Zarr, for quickly contacting Park West to begin watering our Fuel-Mod perimeter areas on the south and west sides of our community twice a day. The Fuel-Mod area consists of 150 feet of irrigated and maintained open space land adjacent to home sites at our western and southern borders of our community. Since that fire, staff have been trained on how to immediately activate our perimeter sprinkler systems should there be a future need. Eric stayed on the job until the fire was no longer a threat to our community. FirstService Residential takes the safety of this community and its residents very seriously.

The very next day, we were again threatened by a wildfire. The Rabbit Fire burning in the Gilman Springs area had jumped across Hwy. 79 heading north-east towards our Fuel-Mod perimeter. Again, our sprinkler systems were activated for twice a day watering of our Fuel-Mod areas.

When CalFire issued the Rabbit Fire voluntary evacuation warnings for our community, Eric Zarr, with Board acknowledgment, immediately closed our three recreational facilities in order for residents to return to their homes to shelter in place and/or prepare for possible mandatory evacuation. Staff monitored various websites and communicated with Public Safety personnel to provide us with e-blasts as updated information became available.

What these recent fires have shown us is that we each have the responsibility to maintain our own safety, stay tuned in for updates, and have an evacuation plan. ~ **Claudia Rozzi, Member, Board of Directors**



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For Our  
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A donation collection for the local firefighters was taken up by Brenda MacKey and Donna Gilbraith. They had the idea that if everyone in the community donated just \$1, then they would have well over \$1,800. So that was the original goal. In six days, they collected \$6,413 at The Lodge. Residents from Sun Lakes heard about our collection and took up their own then brought it over to include in ours. Donna and Brenda will present 27 Stater Bros gift cards in the sum of \$250 each to our local fire chief later this month. They chose this means of donation as firefighters have to provide their own food at their station.

During the collection, a young grandson accompanied his grandmother to The Lodge when she made her donation. The young boy realized what it was and asked his mother if he could have his wallet to donate some of his own money. She told him he could donate a couple dollars. He defiantly said, "No, I'll be donating THREE dollars!" ~ **Danya Lynd**

Go to the online issue of the September 2023 *Breeze* at [imageup.uberflip.com](https://imageup.uberflip.com) to see videos of the July fire



*Phos-Chek drop - photo by Dave Rohrbacker*



*The Rabbit Fire, July 14 - photo by Ingrid Munsterman*

# Oh, the Places We Go!

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com). While not required, we would love to see a copy of the *Breeze* featured with you in the photo of your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



*Nancy Justice recently visited Indonesia with her son Jason. They saw two major volcanoes in the city of Bandung, Ancient Hindu and Buddhist temples, and mosques in Yogyakarta, as well as beautiful beaches and rice fields in Bali. The highlight of the trip was a seven-hour trek in the jungles of Medan, viewing orangutans, baboons, and monkeys which concluded with a river rafting excursion at the end. She welcomes any questions about her trip.*



*Gerrie and Stan Karczynski went Blue Whale watching in Newport Beach in July. This adventure was on their bucket list as the Blue Whale is the largest mammal in the world. They saw two of them. They spout very high as they are so large.*

*The photo above left shows the long length of the whale. The photo bottom right are some playful dolphins that swam alongside the boat.*



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<div> <div> <h1>September</h1> <p>The activities, dates, and times on this calendar are subject to change at any time. Check with your club or group contact for the latest info if you have any questions or concerns.</p> </div> <div> <p>Calendar changes? Complete a Schedule Change Request Form, found on the website or at the The Lodge front desk, by the 6th of the month to make it in the following month's calendar.</p> </div> </div>						
<b>3</b> <b>Trivia Night</b> 6:30p	<b>4</b> Life After Loss 1p African American Culture Club 6p	<b>5</b> Karaoke 5:30p Classic Film Group 6p	<b>6</b>	<b>7</b> Photography Club 6:30p	<b>1</b> Seasoned Solos 6p	<b>2</b> Heart & Soul Party 5p
<b>10</b>	<b>11</b> <b>Lodge Lobby Art Display Begins</b> 9a	<b>12</b> Book Club 9:30a Writer's Club 1p 4x4 Club 6:30p	<b>13</b>	<b>14</b> BOD Exec. Session 9a BOD General Session 1p Italian Amer Club 6p Classical Music Group 7p	<b>8</b>	<b>9</b> <b>Loggia Concert</b> 7p
<b>17</b> <b>The U2 Experience at the Amphitheater</b> 7p	<b>18</b> Life After Loss 1p Choir Group 3p	<b>19</b>	<b>20</b> Meet with the Board 2p	<b>21</b> Taste d'Vine 6p	<b>22</b> <b>Name That Tune Game</b> 6p	<b>23</b> Private Event Summit All Day Travel Club 10a Garden Club 10a Karaoke 5:30p
<b>24</b> Private Event Ballroom All Day CPR Class (sign up required) 12p	<b>25</b> Fashion Show Tix 9a Life After Loss 1p	<b>26</b>	<b>27</b>	<b>28</b> Veterans Group 10a	<b>29</b>	<b>30</b> Private Event Summit All Day <b>Harvest Craft Boutique</b> 9a



# CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel, or reschedule at any time. Check with The Lodge front desk or [fourseasonsbeaumont.org](http://fourseasonsbeaumont.org) for updates.

## Physical Exercise

### THE LODGE

Gym	Daily	Open
Hula Hoop Group	F	7:30a
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	Daily	Open
*Beginners Conditioning	T/Th/F	8:30a
*Total Body Conditioning	M/W	8:30a, 9:30a
*Kickboxing Cardio	Sat	9:30a
*Chair Yoga	W	5p
*Water Aerobics (pool closed during class)	M/W/F	10a
	M/W	11a
*Yoga	W	6p
*Zumba	T/Th	9:30a

### THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
*Yoga	T/Th	8:30a
*Pilates	M	8a
Water Volleyball (pool closed during play)	M/W/F	10a

### THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open Swim
Bocce Ball	Daily	Open
Horseshoes	Daily	Open
Cornhole	T	5p
Water Volleyball (pool closed during play)	Sat.	1p

### DANCE

Let's Dance! Free Practice	M	6p
*Let's Dance! Beginning	M	6:30p
*Let's Dance! Intermediate/Advanced	M	7:05p
Country Line Dance Beginning	T	2p
Country Line Intermediate	T	2:45p
Country Line Advanced	T	3:30p
*Heart & Soul	W	4p
Step it up Line Dance Beginning	M	1p
Step it up Line Dance Improvers	M	2p
Step it up Line Dance in the Ballroom	W	6:30p

## Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Handbell Choir	Th	1:30p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
*Mixed Media Art	M	10a
	W	6p
Men's Bible Study	T	9a
PAC	2nd M	6p
Photography	1st Th	6:30p
Quilting Enthusiasts	1st Th	1p
Sit 'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30a

## Activities

Curly Cues	M	11a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	8a
	Th	6p
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	9a
	Sat	9a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

## Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	2nd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mahjong	F	10a
Mexican Train	M	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	2p
Uptown Diva Bid Whist	1st/3rd F	2p

\*A fee may apply for activity



## NEIGHBORHOOD WATCH & COMMUNITY AWARENESS

At our July meeting, we were fortunate to have guest speaker, Dr. Karan Singh, Chief Medical Officer for San Gorgonio Hospital, provide us with his vision for San Gorgonio Hospital. Dr. Singh informed us that San Gorgonio Hospital is soon to become a Certified Stroke Center. As a Certified Stroke Center, San Gorgonio Hospital will have health professionals on staff specially trained in emergency stroke care. Once certification is achieved, the hospital will be a preferred location to which first responders will transport individuals experiencing stroke symptoms.

We also received invaluable information on the sudden signs and symptoms of a stroke. Remember the acronym BE FAST:

**B – Balance:** loss of balance, dizziness

**E – Eyes:** vision changes

**F – Face:** facial drooping, severe headache

**A – Arms:** weakness, numbness

**S – Speech:** trouble speaking, confusion

**T – Time:** call 911 as soon as possible

Learn more at [StrokeAwareness.com](http://StrokeAwareness.com)

In August, we scheduled a presentation on “Fraud Scams Targeting

Seniors” by HCN Bank, in partnership with the U.S. Department of Homeland Security. For our upcoming meeting on Sept. 13, we have scheduled the Beaumont Fire Marshal to provide us with an updated Fire Safety Report.

Unsafe driving is a common concern and theme brought up by residents. Here are a few reminders to help keep our community safe.

- 25 miles per hour is the maximum speed limit on roadways within our residential districts.
- 30 miles per hour is the maximum speed limit on Four Seasons Circle.
- Stop at all designated stop signs.
- Yield to vehicles that have entered a roundabout. Note: When entering a roundabout, only drive in a counterclockwise direction!
- Yield to pedestrians.
- No distracted driving! Put away your cell phones and other electronic devices while driving.

We would like to thank our Block Captains and Neighborhood Watch members for all they do to help keep our community safe. ~

*Frank Hilberg, [hilbergfrank@gmail.com](mailto:hilbergfrank@gmail.com)*



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## ARCHITECTURAL REVIEW COMMITTEE

We can usually tell when companies blanket the community with advertisements for home-improvement services and products. We see a spike in Property Improvement Applications. We experience this when security door companies, alarm companies, and generator sales companies target Four Seasons homeowners.

The latest craze seems to be water softening. Here is some information that may be useful to any homeowner considering purchasing water softening and or conditioning services.

There is a big difference between water softening and water conditioning. Water softening is used to remove high levels of dissolved minerals from water. These are usually calcium and magnesium that naturally attach to various ions as water filters through the ground.

This is what you see as scale build up on bathroom and kitchen surfaces including shower doors. Over time, scale can diminish the efficacy of dishwashers, water heaters, and washing machines.

Areas with hard water – such as Beaumont – do not have effective natural water softening. Various companies have developed systems to pass water through a tank of ion charged pellets that attract magnesium and calcium thus reducing the amount of them in the water. Traditional systems use salt water to flush the pellets and send the salt water and the calcium and magnesium into the sewer or storm drains.

Water conditioning does not eliminate hard water nor hard water deposits. Water conditioning only removes chlorine, chloramines, and volatile organic compounds. These items may cause your water to taste or smell bad.

Many water treatment companies claim that their water conditioning reduces hard water deposits. Any company that claims their system softens water has not conducted scientific studies to

prove these claims. They rely on testimonials from their customers.

The U.S. Environmental Protection Agency, as well as the California State Water Resources Board, have both conducted scientific studies and determined that “a salt-free softener does not exist.”

Beaumont City code 8.46 prohibits discharging salt water into the sewer system. The CA Clean Water Act prohibits discharging soft water regeneration waste into storm-water drains.

There is an option for people who want soft water. A few companies in Beaumont will install a salt water softener as well as one or more tanks that capture the salt water created during regeneration. They pick up the full tanks and exchange them for empty tanks. The full tanks are trucked to a facility that can remove the salt and reprocess the water. The frequency of tank exchange is determined by how much water is used.

Traditional water softeners regenerate every few days. The more frequently the system regenerates, the better the system works. When a system is used that exchanges tanks rather than discharges the salt water on site, the effectiveness of the system can be severely reduced.

Each installations requires that the system be located so that it is not visible from the common area or streets. In some situations, this may require additional plumbing or placing the system inside a garage.

In addition to our approval, all water softener installations require a Beaumont City permit. As always be wary of any contractor, sales person, or installer who states that no permit is required or that no one will ever know if they flush the water into the drain. You can be fined for flushing salt water into the sewer or storm drains – regardless of who installed the system. ~ **Steve Cooley, (801) 815-5302, [cooleyaudit@gmail.com](mailto:cooleyaudit@gmail.com)**

## LANDSCAPE COMMITTEE

We are looking for new members. Every committee needs new blood to give new ideas and input on new concepts. So if you're interested, there are two simple steps:

1. Join us on a walk. The walks are done every Friday at 7 am during the hotter months and 8 am during the cooler months. Each week, we explore a different neighborhood to see what needs to be repaired or fixed (e.g., plant replacement, new

additions, new redesigns).

2. Attend a Landscape Committee meeting on the third Tuesday of each month at 1 pm. Then listen to the discussion and learn how we draw up proposals.

If you are interested, please contact Committee Chairman Kirk Fyermuth at [kafreyer@frontier.com](mailto:kafreyer@frontier.com). ~ **Nancy Justice**

## CANINE CORRAL COUNCIL



We all know how the Canine Corral works, right? Our dogs get to play with their canine buddies while we catch up with the other pet parents. It's a fun, easy outing that everyone enjoys.

But the Canine Corral has some specific — and important — rules. The rules are designed both to ensure good manners and help promote safety. For this reason, it's important to know the proper entrance and exit procedures to the Corral and to follow them every time you and your pooch visit.

- Do remove your dog's leash before he/she joins the other dogs to play by using the holding pen at the entrance where you can safely stop and remove your dog's leash. The prohibition of leashes in the park's play areas is designed to reduce aggressive behavior — off-leash dogs are more easily able to use appropriate body language to discourage unwanted interactions or to move away from a dog they deem threatening than dogs restricted by a leash.

- Do teach your dog to enter the Canine Corral in a calm orderly

manner. Dogs that are wound up and reactive get other dogs worked up, which can in turn make aggressive behavior more likely. Take the time to teach your dog a calm approach.

- When leaving the Corral, lead the dog to the gate to enter into the holding area. Once the dog is inside the holding area, you may leash the dog then open the outside gate to leave the Corral. Also, carry your dog's leash with you at all times in case it is quickly needed.

If you have a dog, consider joining so they can make friends and run free. The first year is \$40 and you must meet shot requirements and a few other things. Pick up an application form at The Lodge front desk; it is so easy.

We are always looking for members on our Canine Corral which meets once a month on the first Thursday at 10 am for approximately one hour. If you might be interested, stop by one month and see how we work to make life better for our dogs. ~ *Barbara Morton, Co-Chairman*, (559) 269-0908

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2200 W. Acacia Avenue | Hemet

##### 10:30 a.m.

Registration and Welcome

##### 11:00 a.m.

Presentation and Q&A

##### 12:00 p.m.

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# SAFETY COMMITTEE SAFETY 4 “ALL” SEASONS

We are committed to making our community a safe environment in which to live. Safety is our top priority. Please do not become complacent regarding heat-related illnesses. Even though summer is soon to be fall, September has traditionally been one of the hottest months of the year. Therefore, heat-related illnesses are still a concern.

**Stay Cool:** Wear appropriate lightweight clothing, stay cool indoors, limit your outdoor activities, cut down on outdoor exercise, wear sunscreen (SPF 15 or higher), and do not leave infants, children, or pets in cars.

**Drink Plenty of Water:** Up to four cups of water per hour.

## WILDFIRE ACTION PLAN

Wildfires are a fact of life in California. As we found out this summer, it's not a question of if they will occur, but when. Catastrophic wildfires are increasing in our state, encroaching further into populated areas. It is extremely important to be prepared when wildfire strikes. There are three ways your home can be exposed to wildfire: through flying embers, direct flame contact, and radiant heat.

The following is a summary of some key points in a Wildfire Action Plan prepared by Cal Fire.

By preparing your home and property for wildfire, and knowing what to do if evacuation is necessary, you can dramatically increase your safety and the survivability of your home.

## GET READY

Getting ready for wildfire begins with two important efforts:

**Home Hardening:** Hardening your home is retrofitting it with fire resistant materials and

**Defensible Space:** Defensible space is creating and maintaining a buffer between buildings and vegetation to slow wildfire.

- Minimum vertical spacing between trees and shrubs: Remove branches beneath large trees for a six-foot minimum clearance; create proper vertical clearance between shrubs and the lowest branches of trees.
- Remove dead trees and foliage to reduce the risk of wildfire.

## GET SET

It is important you are prepared before a wildfire strikes. In an emergency, it is easy to become confused or panicked.

Getting Set requires three main preparation actions:

- Creating a Wildfire Action Plan
- Creating an Emergency Supply Kit
- Creating a Family Communication Plan

Remember the “Six P’s” and keep them ready in case immediate

evacuation is required:

- People and pets
- Papers, phone numbers, and important documents
- Prescriptions, vitamins, and eyeglasses
- Pictures and irreplaceable memorabilia
- Personal computer
- “Plastic” (credit cards, ATM cards) and cash

**Emergency Supply Kit:** Put together an Emergency Supply Kit, also called a “go bag,” before a wildfire or other disaster occurs, and keep it easily accessible so you can take it with you when you evacuate. Backpacks work great for storing these items (except food and water) and are quick to grab. Storing food or water in a tub or chest on wheels makes it easier to transport.

## Family Communication Plan

Prepare a family communication plan. The plan should include:

- Evacuation Meeting Location
- Out-of-Area Emergency Contact Person(s)
- Other important Numbers: Local Police, Local Fire Department, etc.
- Evacuation Route(s)

## GO!

Give your household the best chance of surviving a wildfire by being ready to go and evacuate early.

Being ready to go means following pre-evacuation steps, knowing when to evacuate, preparing possible evacuation routes, and knowing what to do if you become trapped. Be safe and don't wait until it is too late!

NOTE: A detailed Cal Fire Wildfire Action Plan brochure can be found online at [ReadyforWildfire.org](http://ReadyforWildfire.org).

NOTE: The September “CPR Sunday” is Sept. 24, with a class from 12 to 1 pm, followed by another class from 1 to 2 pm. A sign-up sheet can be found on the clipboard by the The Lodge Theater. In addition to the CPR Sunday classes, you can also call, text, or email A J Reilly to set up a class at (951) 522-9975 or [reilly58@me.com](mailto:reilly58@me.com)

We meet on the first Tuesday of the month at 10 am in the RCN Conference Room. We encourage you to attend the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. Also, please drop by if you are interested in joining the Safety Committee. We are always looking for energetic new members. All the best. ~ *Frank Hilberg, [hilbergfrank@gmail.com](mailto:hilbergfrank@gmail.com)*

## Ready-Set-Go! What To Pack In Your “Go Bag”

- |   |                                 |                               |
|---|---------------------------------|-------------------------------|
| 1. Sturdy backpack, duffel, or suitcase | 6. Phone, laptop, and chargers  | 11. Extra glasses or contacts |
| 2. Food and water                       | 7. Cash in small bills          | 12. Blankets and pillows      |
| 3. First aid kit                        | 8. Important papers             | 13. Pet supplies              |
| 4. Medications and prescriptions        | 9. Change of clothes and jacket | 14. Keys                      |
| 5. Emergency tools                      | 10. Personal hygiene supplies   |                               |



## FACILITIES COMMITTEE

Welcome to the season of change. Autumn will soon be upon us. Take time to embrace the brisk mornings and let Mother Nature saturate your heart with her ever-changing colors of beauty.

The Facilities Committee has received approval from the Board of Directors to purchase new televisions for both the Billiards and Game Rooms. Also approved were new card tables for the Activity Club and several new large round tables for the Ballroom.

To uphold our mission of preserving and enhancing our

community, the Facilities Committee, in the form of sub-committees, will be out this month to do our quarterly review and monitoring of all areas within our purview. We will see you out there!

The Facilities Committee meets the second Wednesday of each month at 9 am in the RCN Conference Room. For more information, please contact Chair, Lila Bonner at ladybonner@msn.com. ~ **Lila Bonner, Regina Farmer, and Deborah Wasbotten**

## FINANCE COMMITTEE

It is that time of year when we start preparing our budget. The committee needs to determine what it will cost us to run the Four Seasons HOA in 2024. This is a complicated process, and we welcome your input on anything you want to see the community do in the future. Communication is helpful and welcomed.

During the Finance Committee's regular monthly meeting, the financial statements for June 2023 were reviewed and recommended for Board approval. In addition, the Committee reviewed expenditure proposals, and reviewed investment recommendations to move maturing investments to higher yield FDIC insured instruments. Highlights of the April financial statements are: Total Cash is \$12,370,201 including operating cash of \$2,345,576 (checking and CDs) and reserve assets of \$10,024,625. Our total year-to-date income is \$161,440.

Homeowners are welcome to join us at the Finance Committee's regularly scheduled monthly meetings held on the last Tuesday of each month. Our next meeting will be Tuesday, Sept. 26 at 1 pm. The Finance Committee reviews and discusses many issues that you may



have questions about, and we welcome those questions. I would encourage all residents to become more familiar with the finances of our fantastic community. We would love to hear about your concerns and encourage you to share them with us. Attending a meeting only takes a little time and will give you a better understanding of

how we operate. Come and join us in making this a thriving vibrant community. Our meetings are held in the RCN Conference Room.

If you have any questions or concerns contact Jolene Cooley joleneaudit@gmail.com. ~ **Jolene Cooley**

## SOCIAL COMMITTEE

We hope you are enjoying your summer!

The Social Committee is excited and ready to come back with some great impersonators on Saturday, Sept. 16 in The Lodge Ballroom. Doors open at 5:30 and the show starts at 6 pm.

This show will feature spot-on tributes to Barbra Streisand and Frank Sinatra. DJ Dave's dance hour will be from end of show to 10 pm so bring your dancing shoes.

Tickets are on sale for \$25 per person and are non-refundable. Order your dinner from the Bistro to enjoy at the tables (no assigned seating). BYOB encouraged. We will have coffee, water and some sort of sweets. Table seating/no assigned seating.

Please bring extra cash for our raffle prizes to support our fundraisers for future events. The drawings will be right after the show.

Thank you for all your support that you give to the Social Committee. ~ **Loretta Ramsey, lorettaramsey@aol.com, (714) 803-6744**

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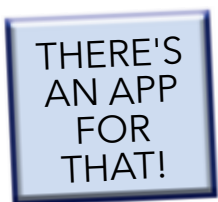


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# Steve Cedes Monthly Article to AI Overlord to Address “Apps for Seniors”

*By Steve Benoff*

AI. Artificial Intelligence. Not a day goes by without some reference in the news to AI. Up to now I haven't thought of a need for AI in my life. But I decided on an experiment. I've been planning to write a piece on apps for seniors, but I haven't done the obvious – google “apps for seniors.” Thus, my experiment. Google has an AI site – [bard.google.com](https://bard.google.com). I entered the following – “write 500 words about smartphone apps for senior citizens.” Except for the fact that it gave me a little over 600 words in the 15 seconds it took to write the response to my request, I think it did a pretty good job. (By the way, you may have heard that AI sometimes invents things; all these apps are real.) So, here is this month's article, written by [bard.google.com](https://bard.google.com).



Smartphones have become an essential part of our lives, and that includes for [sic] senior citizens. There are a wide variety of smartphone apps that can make life easier, more enjoyable, and more connected for seniors.

Here are some of the best smartphone apps for senior citizens:

- Medisafe is a medication management app that can help seniors stay on top of their prescriptions. The app allows users to create a medication schedule, set reminders, and track their progress. Medisafe also syncs with pharmacies so that users can easily refill prescriptions.
- GoodRx is a prescription drug price comparison app that can help seniors save money on their medications. The app allows users to search for prescription drugs by name or by their generic equivalent. GoodRx also provides coupons and discounts that can be used at participating pharmacies.
- Find My iPhone is a tracking app that can help seniors find their lost or stolen phones. The app allows users to track their phone's location on a map, remotely lock their phone, or erase all of the data on their phone.
- Lumosity is a brain training app that can help seniors improve

their cognitive function. The app offers a variety of games and exercises that are designed to challenge the brain. Lumosity has been shown to improve memory, attention, and problem-solving skills.

- Pillboxie is a medication management app that is specifically designed for seniors. The app is easy to use and has a variety of features that can help seniors stay on top of their medications. Pillboxie also offers a medication reminder service that can send notifications to users when it is time to take their medication.
- BIG Launcher is a launcher app that is designed to make Android smartphones easier to use for seniors. The app has a large font size, simple icons, and a simplified interface. BIG Launcher also offers a variety of accessibility features, such as voice control and magnification. (There are iPhone apps that do the same things.)
- Life360 is a family tracking app that can help seniors stay connected with their loved ones. The app allows users to share their location with their family members, and it also provides notifications when users arrive at or leave pre-defined locations. Life360 also offers a panic button feature that can be used to send an emergency alert to family members.
- AARP Now is an app from the AARP that provides seniors with a variety of information and resources. The app includes news articles, health information, financial tips, and a directory of senior-friendly businesses. AARP Now also offers a variety of discounts and coupons that can be used by seniors.

These are just a few of the many smartphone apps that can be helpful for seniors. With so many great options available, there is sure to be an app that can make life easier, more enjoyable, and more connected for seniors.

In addition to using the right apps, there are a few other things you can do to make your smartphone more elderly friendly. Here are a few tips:

- Enlarge the font size. This will make it easier for seniors to read text on their phones.
- Use a simple launcher. A simple launcher will make it easier for seniors to find and use the apps they need.
- Turn on voice control. Voice control can be a helpful way for seniors to interact with their phones without having to type.
- Set up emergency alerts. This will allow seniors to quickly send an alert to their loved ones in case of an emergency.

By following these tips, you can make your smartphone a more accessible and user-friendly tool for seniors.

If you use an app you'd like to share with others, let me know at [steve.benoff@verizon.net](mailto:steve.benoff@verizon.net).



# Sudoku

If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

If you're new to Sudoku or have questions, message us at [rwgeiser12@yahoo.com](mailto:rwgeiser12@yahoo.com) or call (406) 261-3759.

Puzzles created by Ray Geiser. Solutions on Page 76

			3			4		
		4					5	
8		9				3	7	
	3		5	7	8		4	
				9				
	5		2	1	6		9	
	6	8				2		7
	9					6		
		1			7			

**MEDIUM**

	9						8	
1	8		5	9	6		7	
					2			
7	5		6					
4		8				2		6
					3		1	5
			3					
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**EASY**

	5		9				3	
7	3			6				
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3			1		2			7
					8	5		
8				5	4		1	6
	4				1		8	

**HARD**

Note: For the hard puzzle, do 1-9 over and over

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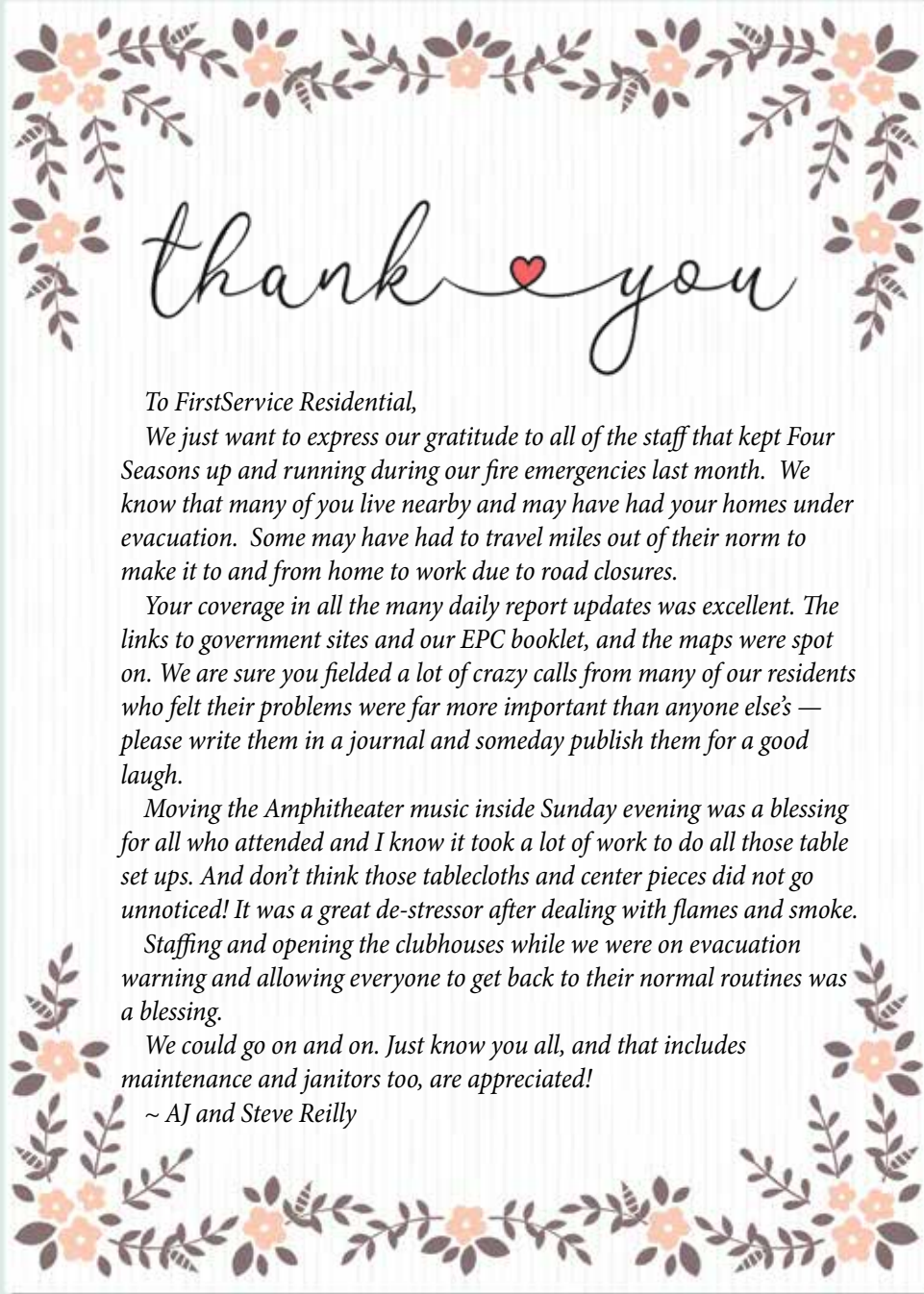
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# EXPRESSING GRATITUDE



*To FirstService Residential,*

*We just want to express our gratitude to all of the staff that kept Four Seasons up and running during our fire emergencies last month. We know that many of you live nearby and may have had your homes under evacuation. Some may have had to travel miles out of their norm to make it to and from home to work due to road closures.*

*Your coverage in all the many daily report updates was excellent. The links to government sites and our EPC booklet, and the maps were spot on. We are sure you fielded a lot of crazy calls from many of our residents who felt their problems were far more important than anyone else's — please write them in a journal and someday publish them for a good laugh.*

*Moving the Amphitheater music inside Sunday evening was a blessing for all who attended and I know it took a lot of work to do all those table set ups. And don't think those tablecloths and center pieces did not go unnoticed! It was a great de-stressor after dealing with flames and smoke.*

*Staffing and opening the clubhouses while we were on evacuation warning and allowing everyone to get back to their normal routines was a blessing.*

*We could go on and on. Just know you all, and that includes maintenance and janitors too, are appreciated!*

*~ AJ and Steve Reilly*

If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com) or go to The Lodge Lobby and fill out a gratitude note and put it in the box marked "The Box of Gratitude." Thank you.

# Pets On Parade

To have your pet featured in Pets on Parade, please send a high resolution photo with a caption to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com). Please put "Pets" in the subject line.



Luca Marie, three year old Morkie, is sweet and smart as can be! We are honored and grateful we can live with her. She lights up our lives. Submitted by Claudette Harsany



Check out Candi and Cara looking beautiful after their grooming appointment. Thank you Jenna with Dirty Dawg Mobile Grooming! Submitted by Lori Molter



Zoey and Gucci Farmer taking a ride in their buggy! The girls are 17 years old now, still full of spunk. Submitted by Regina Farmer



One year ago our sweet girl Biscuit crossed over the Rainbow Bridge. We miss her every day. Submitted by Steve Rutledge and Penny Key



I'm Nikki Chanel Morales and I'm nine months old, I love the color pink and I love to ride in my stroller while meeting new friends. If you see me please stop and say hello! Submitted by Frank Morales

Meet the newest addition to our family! Ginger is an energetic and curious three-month-old cocker spaniel who has wormed her way into our hearts. Submitted by Cheryl and Jerry Diego





# Renewable Energy: The Owners

*By Bruce Hammett*

Southern California Edison (SCE) owns the electrical lines connected to our Four Seasons homes. The city of Banning (BPUD) owns the lines connected to most of Banning, but they buy their electricity under contract from SCE and several other retailers



including generation from many contracts. SCE owns or buys capacity from other local generators including nuclear, hydro, natural gas, geothermal, coal, wind, and solar plants, but SCE is also a customer to many national electrical suppliers as part of being interconnected with one-third of the nation's common grid. Similarly, SCE owns the power lines that feed us directly, but they buy space from national companies who own major power lines crisscrossing California and the nation, the common "Electrical Reservoir."

New electricity from all sources is registered to the reservoir operator through a seller-owned kilowatt-hour (KWH) meter and is credited to that seller. SCE purchases needed energy from the reservoir operator through another KWH meter. This is like our method of residential purchase from SCE.

In the SCE territory, renewable energy (RE) generators feeding the reservoir is diverse and international. From the Pacific to the Colorado river, there are separate commercial owners of approximately 38 wind farms, 35 solar farms, 25 battery storage facilities, five geothermal plants, 20 hydro plants, a nuclear plant, and several hundred thousand residential and commercial small solar systems adding to the mix who generate and sell power. The diversity of large owners is impressive and international. The world's largest owner of RE delivery companies is by far NextEra Energy of Juno FL followed at a distance by France's Avangrid Renewables. Both own several wind and solar facilities near Palm Springs, but NextEra also owns several So Cal area battery storage facilities. There are also roughly a dozen large domestic and international energy companies adding to the mix including Invenergy, EDF, AES, EDPR, Terra-Gen, sPower, First Solar, Shell, Chevron and LADWP. There are also several large natural gas, geothermal, and hydro-generation facilities feeding our local grid.

Each company maintains a local repair and maintenance team and buys components and machinery from local, U.S., and international companies including WECS Electric Supply, founded in Banning in 1989. There are at least three Pass Area manufacturers enjoying some repair business, and roughly 2,000 employees directly involved in RE. All equipment is monitored over the internet, some locally, and

most from as far away as Europe, Japan, and China.

The future of new installations of RE continues to be explosive but since 1982, there have been over 30 wind and solar farms installed including some of the largest solar plants in the world between Indio and the Colorado river, and many of the wind farms have been retrofitted with completely new re-sized wind turbines. Currently in the Palm Springs wind-zone, nearly 10,000 wind turbines with blade lengths of 28 ft (rated 75KW) that have reached their life expectancy are being replaced by only 30 newer technologies with roughly 220 ft in blade length (rated 3400 KW).



A big change is coming to the oceans of the coastal-Atlantic states where the wind is high, the ocean floor is shallow and the population is large. Behemoth wind turbines will stand 950 feet above the ocean surface with blade lengths of 370 feet delivering 15000 kW each. Offshore wind turbines in the Pacific will be coming with some with floating turbines due to the lack of low shelf capabilities in the Pacific coast.

RE has a large foot hold in our local and national energy future and we at Four Seasons will continue to enjoy our involvement at homes, in our facilities, and in our high-point view to the east. Below are some websites to explore for more information.

[www.cleanpower.org](http://www.cleanpower.org) (U.S. Renewable Energy Association website)

[www.nacleanenergy.com](http://www.nacleanenergy.com) (industry magazine)

<https://us.vestas.com/en-us> (Turbine Manufacturer Portland/Denmark)

<https://www.energy.ca.gov/programs-and-topics/topics/renewable-energy> (State of CA Renewable Energy commission)

<https://atlas.eia.gov/apps/2fe12ffc62864b97b4c2825569fb2381/explore> (U.S. government website)

[www.wecsrenewables.com](http://www.wecsrenewables.com) (favorite renewable energy vendor site)

Our community activities team will be announcing a guided tour of the Palm Springs area energy complex sometime in October.





If you have any questions, please feel free to call or text me at (951) 275-7081.



# Birria Des Res: Slow-Cooker Mexican Shredded Beef

This month's recipe was submitted by another fine home cook, Yvonne Aguilera. She served it as beef tacos to a friend, Elizabeth Westbrook, who raved about the dish and urged Yvonne to submit it to Chef's Corner. I am glad Yvonne followed that advice.

Given the record-breaking heat, it would be nice to prepare a meal without the need to fire up your oven. Here is a slow-cooker dish that can serve six to eight people and may be doubled to serve a crowd. Bonus, it keeps well in the refrigerator for several days (and frozen for as long as three months) and can be repurposed as tacos, burritos, enchiladas, etc. I even used it to make barbecue beef sandwiches. You can use bottom round instead of rump or any other cut that requires long, slow cooking.

If you prefer a spicier dish, use a medium or hot salsa. Try playing with the type of chili powder: a Chipotle chili powder will add a smokey flavor, California chili is mild, Cayenne tends to be hotter, and, if you want to blow out your taste buds, go for Carolina Reaper!

Prep Time: 10 minutes; Cook Time: 6-10 hours in slow cooker. Servings vary depending on use and portion size. For example, a single recipe makes 12-15 tacos or enchiladas (average 2 1/2 to 3 ounces each); 4-6 burritos (average 6 to 9 ounces each).

## INGREDIENTS

- 3 pounds boneless beef rump roast
- 1 1/2 - 2 cups chunky salsa, mild
- 1 cup beef broth
- 1 Tablespoon ground cumin
- 1 1/2 teaspoons chili powder
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1/2 teaspoon paprika
- 1/2 teaspoon oregano
- 1 teaspoon salt
- 1 teaspoon black pepper

## DIRECTIONS

1. Place roast in a large (6 quart) slow cooker. Pour salsa and beef broth all over the roast, then sprinkle evenly with all the seasonings.
2. Cover with lid and cook on low heat for 8-10 hours or on high heat for 6 to 7 hours, until meat is very tender.
3. Carefully remove the roast from the slow cooker and place beef on a large platter. Trim and discard any remaining fat from the roast. Using two forks, shred beef by pulling it gently apart. Go to this website for more about how to shred meat: <https://www.youtube.com/watch?v=tHY3fahBJpg>
4. Reserve liquid, if desired, for reheating any leftover beef. Any leftover beef may be frozen for future use.
5. Shredded beef can be served in tacos, burritos, enchiladas, quesadillas, nachos and so much more.

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## CARS & COFFEE

August's gathering was fantastic with over 30 cars, trucks, and hot rods showing up. The temperature was pleasant and not too hot, and the ice coffee available instead of hot coffee was refreshing. We had a great turnout of Corvettes and Porsches. One Porsche in particular stood out and received a lot of attention. Owned by Tom and Susan Conigliaro, it's a beautiful all original gray 1968 912 Porsche, powered by the original 1.6 Litre H4. Tom and Susan have owned their Porsche for more than 30 years.

The Four Seasons Veterans Car Show will be held Saturday, Nov. 11. Rick Morales, Cindy Graves, and I are still working out the details and will publish details as we move forward. Please put this date on your calendar. Last year's show was a huge success, and we are expecting this year's show to be even better.

Speaking of car shows, the "Wheels and Wings" car show presented by Corvettes West is on Saturday, Oct. 21 at the March Field Air Museum. It is open to ALL cars, trucks, and motorcycles — not just Corvettes. If you are interested in attending, please see me, Rick, or Greg Messick (951) 205-1125 for additional information.

We meet the first Saturday of each month at 9 am at The Lodge parking lot. Our next meeting will be Saturday, Sept. 2. Please join us for some coffee and donuts and some great conversation with other car enthusiasts. For more information, please contact Frank Morales at (951) 203-4578 or [fmoralesjrinc@aol.com](mailto:fmoralesjrinc@aol.com) or Rick Morales at (951) 255-4710 or [onemth53@yahoo.com](mailto:onemth53@yahoo.com). ~ **Frank Morales**



*Tom and Susan Conigliaro with their 1968 Porsche 912*



*Our August Cars & Coffee gathering*



*Cars & Coffee salute to a great morning*



## TAILS & TRAILS - ALL PETS

### ALERT FOR ALL FOUR SEASONS PET OWNERS!

We are experiencing a critical situation. Are you aware that between the Four Seasons, Sun Lakes, and Seneca Springs communities, 33 pets have been killed by coyotes and bobcats? That is the number that has been reported to the Four Seasons Tails and Trails group but the number may be higher.

These wild animals inhabit the areas surrounding us and they are very comfortable coming into our community. They can scale the highest fence. They are able to leap on to rooftops. They are not afraid of humans. They frequent our trails, seeking food sources. Walking your pet off leash here is a very dangerous practice. Coyotes have been known to grab small dogs within seconds. Also, if you are using a retractable leash while walking your dog, you may not have control of your pet should a wild animal appear. Using a doggie door in your home can also lead to tragic circumstances. If you allow a small pet to go in and out of the house freely, without supervision, it may fall prey to a predator. Many of the pets killed at Four Seasons were taken from their own yards. We cannot stress this strongly enough: no pet should ever be left unattended in the yard.

If your pet is lost or missing, you should contact the Four Seasons Tails and Trails group immediately at (951) 663-7012. We have a recovery team set up to assist all residents and we have been very successful in reuniting lost pets with their owners. In addition, you should contact The Lodge staff and let them know that your pet is missing. Their phone number is (951) 769-6358. Please be vigilant in taking care of your pets and preventing them serious harm. ~ **Vivian Walker**, [vivr@sbcglobal.net](mailto:vivr@sbcglobal.net)



## BIRDING CLUB

If you were lucky enough to travel to Europe, Asia, or Africa this summer, there is one thing you will not have seen that you can see right here at Four Seasons: a hummingbird! Hummingbirds are tiny and beautiful birds found only in the Americas, and we have several of the more than 350 species here in our gardens and on our trails. In fact, you may have been buzzed on your patio by a persistent hummer as he or she went about a relentless search for food in your yard.

Hummingbirds do not really hum. They are named for the sound they make as they flap their wings up to 70 beats per second, and you can also hear the chatter they make with their tail feathers. They hover at flowers and feeders that provide them with the nectar they need to survive. With their constant activity and high metabolism, they consume more than two times their body weight in glucose and insects, and may visit 1,000 blossoms every day. They remember their favorite flowers and feeders and return regularly, even from one year to the next. They are also ferocious defenders of their territory, and will attack other hummingbirds and even larger birds and animals to protect their favorite food source. In fact, the Aztecs believed that they were reincarnations of ancient warriors.

Hummingbirds are remarkable for their colorful plumage. The males use their beautiful colors to attract a mate. The colors also help us to identify which species of hummingbird we are looking at, but it is often difficult to see the feathers unless they catch the light. Here at

Four Seasons, we have recorded several of the fourteen species found in California, including the mostly green and gray Anna's, the purple and green Costa's, the orange and red Rufous, and the coppery orange and green Allen's.

If you want to learn more about hummingbirds and the other birds who live near us, come join us on our bird club walks. For more information, please contact Gerrie Karczynski at gerrie201516@gmail.com. ~ **Kathy Hull**



*Top left: Allen's Hummingbird at Four Seasons, picture by Gerrie Karczynski*

*Above: Mother and baby hummingbird at Four Seasons, picture by Linda Miller*



*At left: Anna's Hummingbird at Four Seasons, picture by Gerrie Karczynski*

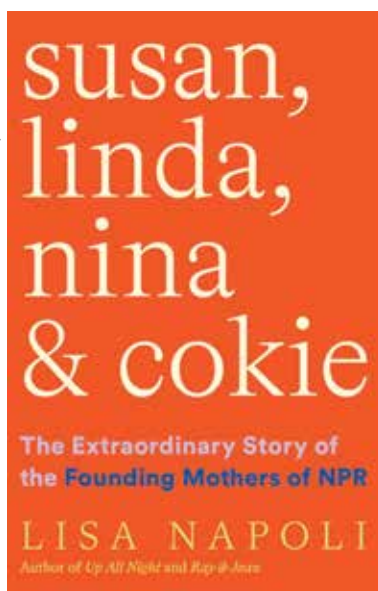
## COMMUNITY GARDEN CLUB

Our next speaker is on Sept. 23. Friday, Oct. 20 will be our annual outside dinner party with live music. For information or suggestions for future topics, please contact pwayne1@outlook.com. ~ **Pat Wayne**

## BOOK CLUB

Our Book Club selection for Sept. 12 is *Susan, Linda, Nina & Cokie: The Extraordinary Story of the Founding Mothers of NPR* by Lisa Napoli. Here is a brief description from Amazon.com: "In the years after the Civil Rights Act of 1964, women in the workplace still found themselves relegated to secretarial positions or locked out of jobs entirely. This was especially true in the news business, a backwater of male chauvinism where a woman might be lucky to get a foothold on the 'women's pages.' But when a pioneering nonprofit called National Public Radio (NPR) came along in the 1970s, and the door to serious journalism opened a crack, four remarkable women came along and blew it off the hinges.

"Susan, Linda, Nina, and Cokie is journalist Lisa Napoli's captivating account of these four women, their deep and enduring friendships, and the trail they blazed to becoming icons. They had radically different stories. Cokie Roberts was born into a political dynasty, roamed the halls of Congress as a child, and felt a tug



toward public service. Susan Stamberg, who had lived in India with her husband who worked for the State Department, was the first woman to anchor a nightly news program and press for accommodations to balance work and home life. Linda Wertheimer, the daughter of shopkeepers in New Mexico, fought her way to a scholarship and an on-air spot. And Nina Totenberg, the network's legal affairs correspondent, invented a new way to cover the Supreme Court. Based on extensive interviews and calling on the author's deep connections in news and public radio, Susan, Linda, Nina, and Cokie will be as beguiling and sharp as its formidable subjects."

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN Room #3, and someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get on our mailing list, please contact me at michelesrosen@gmail.com. ~ **Micki Rosen**

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## PERFORMING ARTS CLUB



Our next meeting will be in The Lodge Game Room on Monday, Oct. 9 at 6 pm. Come to a club meeting to socialize and meet new residents. We continue to grow as a club and source of free entertainment to our community with various shows throughout the year. All are welcome to come to a meeting with socializing and snacks. Besides general business, our President Pat Wayne usually has something fun planned with audience participation.

Our next event will be the second rendition of "Name that Tune" in The Lodge Ballroom on Friday, Sept. 22 at 6 pm. So again, circle

this date for a fun time. Karen Belcher will reprise her wonderful performance as the director, producer, and event coordinator for the evening. The theme is "Rock and Roll" so get your thinking caps on.

The members have been rehearsing for the upcoming holiday comedy show, *A Dickens Carol Gone Wrong*. Mark your calendar for Dec. 1-3.

To get your name on our mailing list or for more info, please contact Marianne Bugni, PAC Coordinator, at (920) 517-2739 or email [lamarib77@gmail.com](mailto:lamarib77@gmail.com). ~ *Marianne Bugni*

## AMPHITHEATER

It's hard to believe, but here we are at the last Amphitheater concert of the 2023 season. Well, we have a great one! Have you ever wanted to see the outstanding band U2 and couldn't get tickets or the "mega" price for tickets was not in the budget.

Sunday, Sept. 17 at 7 pm down at the Amphitheater we are going to have the U2xPERIENCE perform. The U2xPERIENCE, the Ultimate Tribute to U2, is arguably one of the best U2 tribute bands in the world. The show is a near perfect recreation of a live U2 concert that sonically, and visually, captures audiences. They not only sound like U2, they look like them, and sing and play 100 percent live with a raw rock and roll energy just like U2. The performance moves fans, and those new to the U2 catalog, with the beautiful sound and message.

These world-class artists have performed internationally and have graced the stages of Carnegie Hall, The Royal Albert Hall, Marc Cuban's AXS TV show "The World's Greatest Tribute Bands," Kleinhans Music Hall with

the Buffalo Philharmonic, and many more.

Get your friends and neighbors and come to the Amphitheater for a great time. Chairs can be set up anytime after The Lodge opens on Sunday. Please no blankets as place holders and all glass bottles must be in protective covers.

Mike and the Bistro crew will be serving hamburgers, hot dogs, snacks, and

margarita mix for sale. It will be a great evening. A special very big thank you to the Amphitheater team who help make it all possible: Bill and Mary Christelman, Brenda Florio, Alton and Christina Gray, Cindy Graves, Terry Hall, Tom Olsen, and Cindy Schwinn. ~ *Mark Lassen, [lassenqa@aol.com](mailto:lassenqa@aol.com)*



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## LET'S DANCE!

Our Roman Holiday Dinner Dance was a success! We danced to the "light fandango" thanks to the new addition of two LED light strips supplied by the HOA and placed in the eave of the center section. These lights were thanks to the efforts of Willis Fagan and Brian Fusilier. There are more light strips to come once they are approved by the Board.

Once again American Made was spot on with their choice of music for dancing. The food was catered by Thomas Catering and the "Pasta Station" was a winner! Everyone remembered to bring extra money to purchase raffle tickets. The beautiful gift baskets were inspired by Cheryl Fusilier after her recent holiday in Rome. We had an awesome corner for photo opportunities. The banner of the Coliseum made a perfect background. In addition, we had a Vespa scooter put together by Lori Crosse.

September is Swing Month – we will be doing East Coast Swing. What is the history of Swing Dance? It originated in Harlem, New York City in the late 1920s. It continued its popularity through to the late 1940s.

The Swing Dance style that was widely danced was called Lindy Hop. The dance was created by dance studios including the Arthur Murray dance studios in the 1940s, based on the Lindy Hop. It can be danced to current music, Big Band, Country Western, and almost everything in between. This is one of the most versatile dances in partner dances. The best part of East Coast Swing is how simple it is to learn. Once you learn the basic



pattern, you can add turns and footwork and now you are dancing the Swing. Music can be adjusted. If it is too fast, just slow it down. If it's too slow, speed it up. East Coast Swing is one of the most fun and versatile dances in partner dancing. Also, the easiest.

"Let's Dance!" Social Dance Club meets in The Lodge Ballroom every Monday evening with FREE open practice and review from 6 to 6:30 pm. The cost is only \$10 per person for professional instruction, and you are welcome to stay for the entire session. The instructors are flexible and adjust to the needs of the class.

For more information, please contact Brian Fusilier at (909) 215-2778 or Lisa Johnson at (714) 322-8877. See you on the dance floor!  
~ Lisa Johnson

*Audrey portrayed by Marina Haro*



## COUNTRY LINE DANCING

For those of you who love to dance or enjoy watching dancers, just a heads up, our Holiday Party will be Friday, Dec. 8, so mark your calendar. The menu and prices are not yet established. Watch for more information in the October *Breeze* article. This event is open to the community and is a BYOB affair.

Line dancing is exercise plain and simple. You are constantly moving in one direction or another.

If the song is fast, you finish it sweaty and gasping for breath. I try to mix the dances up and put a slower one in there to give folks time to recoup. Our class is not into perfection, just move in the same direction and enjoy yourself. Besides, even those of us who have been dancing for a long time mess up when our mind wanders. We



laugh and call it our grocery list. We all do it.

Our new dancers are doing wonderfully well. One said no one ever taught her to dance, but she did not find it difficult, just different. Everyone learns at their own pace, and everyone stumbles on some of the steps at first. The key is to practice and not give up. With practice, most people learn to line dance. After all, you are in control. It takes concentration and some coordination and lots of practice. Once you learn the basic steps, it is a matter of learning new patterns as new dances are taught. Give it a try. You might find that you really love it.

Hope to see you on the dance floor! ~ Martha Franck,  
[marthafanck@icloud.com](mailto:marthafanck@icloud.com), (714) 345-8588





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## AFRICAN AMERICAN CULTURAL CLUB

If you have ever watched *Finding Your Roots With Dr. Henry Louis Gates Jr.*, you know that tracing family roots helps us to define who we are today. Unfortunately, many Black people will never be able to trace our complete family roots. Many of us came to the United States as enslaved Africans and were labeled as property in historical records. Ours was an uphill battle to be considered part of “We the People” with all the rights and freedoms granted to human beings in the Constitution. Our history includes: slavery, escaping slavery, the Civil War, Reconstruction, the 13th, 14th, and 15th Amendments, Supreme Court decisions, boycotts, the Civil Rights Act of 1964, the Voting Rights Act of 1965, and many other actions and events.

We fast forward to today, the 21st century. We live in Four Seasons and have the same rights afforded any other human being by the Constitution. During our lifetimes, the United States elected our first

Black president, President Barack Obama, Oprah Winfrey became the first Black person to own her own network, and Misty Copeland became the first Black principal ballerina. On Jan. 20, 2021, we witnessed the swearing in of the first female Vice President Kamala Harris. Ms. Harris broke other barriers as well by being the first Black and South Asian person to hold this esteemed office. We have come a long way, but the journey is far from over.

The African American Cultural Club meets on the first Monday of the month at 6 pm in The Lodge Game Room. All are invited to attend to fellowship and learn about African American culture. Our next meeting is Monday, Sept. 11. If you have any questions, please contact the AACC President, Wanda Valentine, at (951) 544-1606. ~ **Wanda Valentine**

## ITALIAN AMERICAN CLUB

At our August meeting, club members enjoyed a return of Karen Belcher and the “Name that Tune” game which, as usual, was very enjoyable for all. Karen goes to great lengths to make her presentation of “Name that Tune” fun for all, and it is greatly appreciated by our Italian American Club members.

In September, Barbara Dipoma and her Steering Committee, are planning a cooking demonstration. As of this writing, no decision has been made on what items might be demonstrated. This meeting is scheduled for Thursday, Sept. 14 at 6 pm at The Courts. Please put that date on your calendar.

Barbara and her Steering Committee can always use suggestions on what would be interesting to our club members. If you have an idea that you would like to see or hear as part of one of our club meeting, please contact Barbara. New ideas are helpful and always appreciated.

We have had an uptick in COVID-19 in our community, and while the numbers are small at this time, we would like to keep it that way.

If you feel precautions, such as wearing a mask at our meetings or other meetings where large crowds have gathered, please take the precautions you feel are good for you.


As of this writing, the State of California, County of Riverside and the CDC are not requiring masks be worn.

The Italian American Club is open to all residents of Four Seasons. You do not have to be Italian to join our group or to come to our meetings. We would love to have you come visit with us. To all our members and everyone at Four Seasons, we hope we will see you soon at one of our meetings.

Thank you again to the members of the Jewish Cultural Club and Italian American Club for making our Matzah Ball vs. Meatball competition so enjoyable.

Non Vedo L Ori Di Vederti Presto (Looking forward to seeing you soon). ~ **Barbara Dipoma, (805) 377-2616, and Jerry Monahan, (951) 212-8898**

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## CLASSIC FILM GROUP



Join us for the first Sci-Fi Classic of the Atomic Age: *THEM!*

Show times are Sept. 26 and Oct. 3 at 6 pm in The Lodge Theater.

In the New Mexico desert, Police Sgt. Ben Peterson (James Whitmore) and his partner are investigating a series of mysterious deaths. While investigating, Sgt. Peterson finds a young girl (Sandy Descher) who is unable to speak. They soon discover that giant ants are attacking the locals.

FBI agent Robert Graham (James Arness) teams up with Ben, and, with the support of Dr. Harold Medford (Edmund Gwenn), and his daughter Dr. Patricia 'Pat' Medford (Joan Weldon) as they destroy the colony of ants in the middle of the desert. Dr. Harold Medford explains that the atomic testing in 1945 developed the dangerous mutant ants. They also discover that two queen ants have flown away to Los Angeles and they are starting a huge colony in the 700 miles of

storm drains under LA. A mother reports that her two children have gone missing; the team begin searching for them. Will they arrive in time to save the children and destroy the colony?

NOTE: It ends with an epic struggle where the insect hordes are beaten, but they're not conquered because they spawned a generation of films about radioactive creatures. This simple premise produced one of the best science fiction films of the decade — menacing yet completely credible.

"Them!" is a landmark movie about giant radiation-mutated ants that gets better with age and boasts remarkable Academy Award®-nominated special effects.

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Test your movie knowledge: can any movie buff find the error in the movie "THEM!"? Come join us and find out.

Also join us for the Wednesday Matinee Westerns: Join us on Oct. 11 at 2 pm in The Lodge Theater for *The Magnificent Seven Ride* starring Lee Van Cleef. ~ **Paul Plamondon**, [4seasonsmoviegroup@gmail.com](mailto:4seasonsmoviegroup@gmail.com)

## COUNTER CULTURE CINEMA

NOTE: There will be no Counter Culture Cinema Club screenings in September; we will resume our regular screening schedule in October.

The club has screenings on the second and fourth Sundays of the month. We screen films you won't find at the big Cineplexes: documentaries, indie films, foreign films, and other little gems that don't get wide release.

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at [michelesrosen@gmail.com](mailto:michelesrosen@gmail.com). ~ **Micki Rosen**



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## CROWN DIVAS RED HATS

The Crown Divas July event was High Tea held at The Lodge. We invited guests to join us for this elegant affair. As the guests walked into the room with their pretty hats and fancy attire, you could feel the excitement. They were escorted to their beautifully decorated tables adorned with pretty pink floral arrangements, pink placemats, white table cloths, and colorful tea cups. We were entertained by Jeanette “Lady Violet” who read a chapter to us from a book called *If Tea Cups Could Talk*. Then Mary “Diva Merry” lead us in a cute little Teacup song.

There were vendors selling crafts, paintings, and preserves. Lucky ticket holders won gourmet baskets. It was a busy day where old friends were reacquainted. Vendors sold their merchandise. Prizes were won. We had entertainment and a hat contest. The contestants walked around showing their pretty hats — some with a wide floppy brim, others smaller with ribbons and flowers. Any of them could have been a winner. I’m glad I wasn’t a judge! A winner was picked and she won a lovely gift. Who said High Tea has to be a quiet affair? ~ Irma Romero (Sugar Mama) [Irmabsromero@gmail.com](mailto:Irmabsromero@gmail.com)



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## "BELIEVE..." WOMEN'S BIBLE STUDY

So since it's September, does that mean that traveling is over for the summer? No? Ah yes, October is a great traveling month, so I guess we won't have all the traveling ladies return until the first of the year 2024? That's okay. We are totally rocking the study of Acts in the New Testament. Although some of the ladies remember learning portions of Acts when we studied Paul's missionary journeys several years ago, it's a good refresher of how the new church began, grew, thrived, and was consistently persecuted. In September we will be studying Acts Chapters 17 through 21. Since there are 28 chapters in Acts, we will complete our study of Acts just prior to the Thanksgiving holiday.

We will have just three lessons in December; they will be on Dec. 1, Dec. 8, and Dec. 15.. Since the first 12 chapters of Acts focused on the Apostle Peter as the leader of the early church, we will do

a quick study of both 1 Peter and 2 Peter. Of course, then we will be immediately thrust in the middle of holiday shopping, parties, planning, and celebrations. Our "Believe..." Christmas potluck party will be held on Dec. 15 after the lesson in the RCN, with our usual \$10 gift exchange, entertainment, and fun! We will be dark the remainder of December. On Jan. 5, 2024, we will resume our study of the Bible, beginning with the Book of Jeremiah in the Old Testament.

If any of you beautiful Four Seasons ladies are interested in participating in the study of the Bible among truly amazing women, please join us every Friday at 10:30 am in The Lodge Game Room. This is a non-denominational study, and any version of the Bible is acceptable. We promise a feast – of the Word of God! ~ *Eileen Gilbert-Antoine*, (951) 922-6829 or [egcellent@msn.com](mailto:egcellent@msn.com)

## LIFE AFTER LOSS

After a death, there are many emotions that we experience. The feeling can be described as riding a roller coaster with its ups and downs and turns. Some people prefer to think of it as being like waves. Some are soft and gentle while others can knock you over and almost drag you into the ocean. These are normal and most people experience this over and over again through the grieving journey.

One of the lowest points we feel is right after the death of our loved one. We can have a sinking feeling that we will never come out of this. We are in a type of daze in the beginning, doing what we need to do but not really sure how we did it after the fact. After a while, and this varies with each person, you may start to feel a little better and so the roller coaster kind of coasts and the waves quiet down. But be prepared, an anniversary, a song, a comment from someone, a look, can set you back on that roller coaster ride with its dips or on the heavy waves coming onto shore. This process will continue off and on possibly for a very long time. This is okay though. Each time you feel better the better may last a little longer or be a little calmer. At the same time, each time you feel you are right back where you started, you are not. The dips and heavy waves are a little less. This is part of the process of grieving and of healing. It is an up and down, back and forth experience. THIS IS NORMAL.

If however, you feel your reactions are outside what is "normal," or you think about hurting yourself or others, please contact your primary care physician or insurance for a referral to speak with a professional.

The Life After Loss Group meets on the first and third Monday of the month from 1 to 3 pm in the RCN Room #3. For more information, please contact Becky KG at (951) 524-0215 or email at [beckykg\\_1@yahoo.com](mailto:beckykg_1@yahoo.com). ~ *Becky Kotzin-Gustafson*

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## MIXED MEDIA ARTS

This is the perspective of the artist of the month, Claudette Harsany: “The truth and the stories we tell ourselves are not always the same. As a child I convinced myself I was only capable of simple math, so I skirted by without algebra or taking any higher math courses. I took Interior Design classes at Mt. SAC, and I excelled at all except for Perspective Drawing. It was too much like math.

I loved Art Appreciation, but didn’t take Applied Art. I had told myself and everyone who knew me, ‘I can’t draw!’ After three years of COVID restrictions and wanting to protect myself by staying at home, I became too comfortable. I felt stuck, I wasn’t growing or learning and I lost my enthusiasm. With the encouragement of a dear friend, I started walking again, reading mystery novels, and going to art class with her. Rob is a knowledgeable instructor. He challenges me to see shapes, angles, colors, and shadows. My classmates who are most accomplished are always ready to help me. Rob encourages all of us to express our individuality and to keep trying. So, at 75, I am finally drafting my own story and happy to say, ‘I can draw!’”

Classes are Mondays from 10 am to 12 pm and/or Wednesdays from 6 to 8 pm. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**



## SEASONED SOLOS

The Solos were quite active in June and July in spite of the hot weather. On June 30, some members enjoyed a great concert at the Redlands Bowl featuring Sail On, the most-booked Beach Boys tribute band in the world. The next evening, some of the Solos were enthralled by the San Bernardino Symphony’s annual “America the Beautiful” concert under the stars on the football field at San Bernardino Valley College. July 5 found the Solos visiting the Southern California Railway Museum followed by a great lunch at Cactus Cantina afterwards. On July 10, the Solos took a day trip down to

Little Italy in San Diego. Then *Indiana Jones and the Dial of Destiny* was the destiny of some of the Solos who took the opportunity to escape the heat at the 2nd Street Cinema. Later in the month found the Solos grabbing breakfast at Carolyn’s Cafe, which has become a favorite breakfast spot. We’re up for almost anything. If you’re single and would like to join us, we meet on the first Friday of each month at 6 pm in The Lodge Arts & Crafts Room. For more information, please contact Phyllis Noriega at (310) 739-5256 or Joyce Olson at (951) 850-3055. ~ **Phyllis Noriega**



*Solos at the San Bernardino Symphony*



*The Solos celebrating Joyce Olson’s birthday at Black Angus*

## CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love of, knowledge about, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at [steve.benoff@verizon.net](mailto:steve.benoff@verizon.net) or (310) 413-4896. ~ **Steve Benoff**



## TRAVEL GROUP

As the leaves change and the air becomes crisper, September has arrived, marking the beginning of a delightful season filled with endless possibilities. What better way to celebrate the arrival of fall than with exciting travel opportunities? Mark your calendars for Saturday, Sept. 16, as Angie Mendez from University Travel is coming to our meeting with some great deals that will ignite your wanderlust. We gather in the Ballroom at 10 am to explore the world of travel possibilities.

Angie Mendez brings a wide array of travel deals tailored exclusively for our members. She is passionate about helping travelers discover their dream destinations through exciting travel options. Whether

you crave a beach-side escape, a cultural expedition, or an adrenaline-packed adventure, she has the perfect deal waiting for you. She'll share exclusive discounts, added perks, and carefully-crafted itineraries.

Join us at this meeting for your chance to turn travel dreams into lifetime memories. Whether you're a seasoned globetrotter or a first-time traveler, these deals are designed to accommodate all interests and budgets.

Being a part of the Four Seasons Travel Group has its perks and Angie Mendez's visit is a prime example. Join us on Sept. 16 and find the trip you've always wanted to take. Embrace the magic of fall and let your travel dreams take flight! ~ *Joni Truelsen*



## RAINBOW GROUP

Happy summer, everyone! This is Dan Hazeltine, and I have volunteered to chair the Rainbow Group of Four Seasons Beaumont. Frank Galvan has agreed to help me with all the group's activities so that the responsibilities can be shared. First, Frank and I would like to give our heartfelt thanks and appreciation to Dale Beckes, the longtime Chair of the Rainbow Group, who kept the group going now for almost 10 years. Thank you, also, to all the group participants who have found the Rainbow Group to be a place for support, friendship, and fun!

To kick off the group's new activities, we are planning two potlucks. One in September will serve as an opportunity for us to get together



again after a long hiatus. Then, in October, a potluck will be organized to celebrate the 10th anniversary of the Rainbow Group's founding by Dale Beckes. Other recent changes have also been made to our group activities. We will announce the specific details of these two potlucks and the other recent changes through our email ([rainbowgroup@myyahoo.com](mailto:rainbowgroup@myyahoo.com)) and the Four Seasons Beaumont Rainbow Facebook group. Please sign up to receive our emails and also connect with our Facebook group if you have not already done so. I look forward to seeing all of you at our upcoming events. ~ *Dan Hazeltine*

## FOUR SEASONS SINGERS

Our first rehearsal is Monday, Sept. 11 at 3:15 pm in the Ballroom near the piano. We will be passing out music and getting our voices in shape. See you there! If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at [bawasco@dc.rr.com](mailto:bawasco@dc.rr.com). ~ *Barbara Wasco*



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## PHOTOGRAPHY CLUB

The central topic for our monthly meeting was “Angle” photos. Members submitted photographs where angles played a significant role. We reviewed and discussed the “Angle” photos from the challenge. Nice to see members thinking outside the box. They gave us some fascinating perspectives.

Next month’s challenge photos are “Macro/Close-up.” Join us and discover how to take “Macro/Close-up.” Learn how these very detailed close-ups are photographed.

Shutterfly accounts are being filled as members upload pictures from different shoots. Members are encouraged to have their own “album” at Shutterfly. Thanks to those who sent in “Angles” photos.

The Club changed the Zoom Photoshop classes. Holding the sessions as advancing in instruction wasn’t working. Not everyone could attend every Zoom meeting. The presentation is changed to a “Let’s Talk Photoshop” agenda. It will be a Q&A format. Ask a Photoshop question, and we’ll talk about the answer. See you on the second Thursday of the month.

This month’s photographs from members are two of our “Angles” images, one the “Big” picture, and one color-filled image.


If you have yet to receive our emails, contact Jacque at jacquesneddon@gmail.com. She will be happy to add you to the mailing list. ~ John Baeyertz, johnbz1453@gmail.com



*Photographs of the month*




*Above: Brent Stewart – United States Flag*

*At left: Paul Morris - Golden Gate Bridge*



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# WRITERS' CLUB

## *The Visitation*

I was born during a Libra waning, crescent moon. That last, c-shaped sliver you see in the night sky just prior to a new moon phase.

They say that this imprints one's character or personality with ancient wisdom and deep connections to past lives. And being Libra, balance. But mostly I feel as though I have moved through this life torn between the various influences of the planets and the universe itself. There is always this discomfort that arises

as I am clearly able to see the black and white of a situation but can be immobilized by my innate knowledge of all the shades of grey in-between. This rarely feels like wisdom, but here I am, a survivor of some 72 years, and I am actually still more grateful to the sky above than not.

Perhaps this is why, day or night, I can't help but look to the heavens as though it might have some answers for me. And today as I lounged in our backyard staring into the azure blue, two small black birds flying in tandem flew over me and headed directly west into the horizon. As they flew away, I fantasized that perhaps they were the



two loved ones I had recently lost. Were Janice and Jessica saying hello (or goodbye) on their way to some grand celestial event? I whispered out loud. "If that is you dear ones' and all is well, fly back to me so I know for sure." But smaller and smaller, they finally disappeared into the blue behind a very distant cloud and I stuffed my fantasy back into the recesses of my heart.

And then, there they were! Tandem black dots coming directly back towards me, both of them! This was not a haphazard

circumstance or anything I have seen these birds ever do in their usual one-direction evening flights. They came until they were directly over me and circled almost gleefully, playing tag with each other above my smiling face. And only when my doubts were totally melted away and I said out loud "thank you," did they then turn back around and head west into the sky together once again.

I do not know if it was them or just a message from the universe at large. But as they disappeared, I knew the veil between us had briefly lifted and all I felt was love. ~ **Lori Brown, (818) 395-0571**



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## QUILTING ENTHUSIASTS

Fall is just around the corner and it's time to start quilting. We're calling all quilters, want-to-be quilters, want-to-know-more about quilting, anything quilting related, come check us out! We have show-n-tell, talk about upcoming shows in California, share projects, answer questions about fabric and sewing machines, and occasionally have classes on various quilting-related techniques.

Mark your calendars for Sept. 14 (we meet the second Thursday of each month),

and join us at 1 pm in Arts & Crafts Room #2; snacks will be available, hint, hint. We are also inviting anyone who sews — you don't have to be a quilter to come join us and for open sit-n-sew on the third Thursday of each month. Arts & Crafts Room #2 is reserved for the third Thursday of each month for open sewing.

We look forward to welcoming back the regulars, the newbies, and the sewers!

Finally, I want to announce that

there will be a quilt show in September of 2024. A theme has been selected so watch this space for details.

For information, feel free to call me at (808) 430-7469 (no, I am not a "spam" caller), or email me at marymoodycox@gmail.com. ~ **Mary M. Moody-Cox**

*The quilt at right is made by our very own quilt club member, Diane Anderson. She took a piecing basics class from a local quilt shop and this is her first quilt! She put a type of duck cloth on the back side so that she and her husband, Larry, can use it when they go on picnics. Diane edged the quilt with "prairie points." Beautifully done!*



*At right: Zebras in techno color! This quilt was also at the Long Beach International Quilt Show. The use of color in this quilt really went with the theme, Celebration of Color. It's stunning!*



*This quilt won the award for "Best Use of Color" for the theme "Celebration of Color" at the July 2023 International Quilt Show at the Long Beach Convention Center*



## CERAMICS CLASS

Happy autumn! Ceramics Class has something for the novice crafter who is looking for a new hobby and a crafter who has experience and wants to create unique designs or pieces for friends and family. In addition to individual projects, throughout the year we offer class projects to teach new techniques.

Come and join in the fun. Drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our

upcoming class projects. We meet Wednesdays from 1 to 4 pm. Please see the class schedule for any exceptions.

A certified instructor and/or an experienced team lead is available to support your crafting needs. Participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**

## KNIT & CROCHET GROUP

We meet Tuesday mornings from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone interested in learning how to knit or crochet. Please email me if you have any questions. ~ **Marlene Doyle**, [marlened3333@gmail.com](mailto:marlened3333@gmail.com)



## CRAFTY CARDMAKERS

We now meet only on the second Friday of each month at 1 pm in the Arts & Crafts Room. We make three cards, all occasion, and you only need to bring your own glue and scissors. The cost is \$10 to cover materials. Your cards include envelopes and will be ready to mail. We have a wonderful group of participants and would love to have you at our next class. If you would like to be part of the group, call or email me with your name, phone number, and email address to have your name put on our monthly emails.

If you plan to come to class, please RSVP to Patty Grana by the Tuesday before the class so we will have enough kits for everyone. Patty will have a Christmas card-making event on Nov. 4 so call or text for more details.

Contact Patty at (626) 862-2652. ~ *Maryalice Chorba*

## CRAFT GROUP

We will be creating some new and fun projects this month. Come, visit, or join our group. If you feel you are not crafty, we'll help you! We meet on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at [christimason02@yahoo.com](mailto:christimason02@yahoo.com) or (951) 486-1091. ~ *Christi Mason*





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## TASTE D'VINE

Taste d'Vine Wine Club is excited to announce the upcoming annual Temecula Bus Trip, Oct. 18 and 25. We will be visiting Peltzer, Falkner, and Bel Vino Wineries. There will be a catered lunch provided at Falkner Winery. Look for a separate Bacchus Letter that will be sent out providing all the details of the trip.

The club meeting this month will be hosted by long-time wine club presenter Heidi Daniels. She has provided our club with some outstanding wines in the past and this time will not be any different. All her presented wines will be available for purchase.

Four Seasons resident Mariano Hawk, who is a manager for Union Pacific Railroad, will give our club an insight to the operations of the largest train companies in America. ~  
*Gino Domico, gdomico@gmail.com*



## PADDLE TENNIS



### *Paddle Tennis history: Part I*

**EARLY ORIGINS:** Paddle tennis was first played in the winter of 1928-1929 in Scarsdale, New York. The sport was created by Fessenden Blanchard and James Cogswell, who sought a way to play tennis during the winter season. They modified the rules and equipment to make it suitable for smaller courts and colder weather.

**GROWTH IN POPULARITY:** Paddle tennis gained popularity in the 1930s and 1940s, primarily in the Northeastern U.S. The smaller court size and heated courts made it more accessible during winter months. It also became popular in private clubs where many courts were built.

**ORGANIZED ASSOCIATIONS:** In 1938, the American Platform Tennis Association (APTA) was founded to promote and govern the sport. The APTA established standardized rules and organized tournaments, helping to further popularize paddle tennis.

Our group welcomes new players. Welcome back, Steve Hovey. Our players continue to LOVE this sport. We also have tennis and pickleball players in our group. Wanna try us out? Email me at [ecgallegos@outlook.com](mailto:ecgallegos@outlook.com). ~ *Lizzie Carbajal Gallegos*



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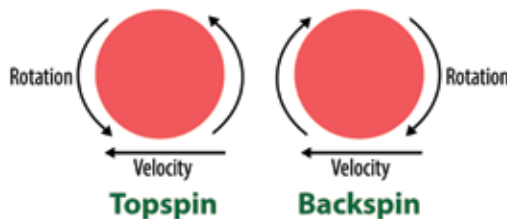
# SPIN 'N SLAM TABLE TENNIS

If you could sum up the game of table tennis in a single word, it would be SPIN.

Indeed spin is incorporated into many sports such as tennis, where spin is created by a yellow fuzzy ball coming in contact with a stringed racket, or in baseball, where a pitcher's grip and arm motion will put spin on a ball that will fool the most professional of hitters.

But the spin in table tennis is of another dimension. Just imagine the action you can put on a hollow, plastic ping pong ball weighing 0.095 of an ounce meeting a high friction table tennis rubber attached to a racket that weighs 85 grams. If you guessed that the ball could be spinning upwards of 150 rotations-per-SECOND, you would be correct!

As if this were not challenging enough, depending on the direction of your opponent's arm stroke, that spin can come at you in numerous directions. An upward arm swing that strikes the ball towards the top will cause a counterclockwise direction of the ball, commonly called a top spin (or loop). A downward stroke that tends to strike the ball near the middle or bottom will move it clockwise,



normally called underspin (or chop). And of course you could be facing what is called a “tomahawk” stroke (or a slice), where the ball could be struck on either side causing it to move somewhat like a Frisbee.

Of course, the direction of the spin based on arm stroke is only half the story. If you're the poor defender on the other side of the table who has a fraction of a moment to determine how to return a ball that could be coming at you at 150 rotations per second in any direction, maybe it's time to take up cornhole.

Of course, if all of this sounds challenging or impossible, it is neither. Like any other sport, improvement in table tennis comes with much practice, and talking to your fellow pongers about how they approach spin or any other aspect of the game. If you would like some feedback from a bunch of retirees who love the sport, feel free to stop by The Courts Multipurpose Room at 10:30 am on Tuesdays, Thursdays, and Saturdays and jump on a table. You'll be spinning in no time! ~ **Bob Rubenstein, brube88@gmail.com**

## PICKLEBALL



The heat is really on this summer and the pickleball courts are on fire with newbies and seasoned players. We are a “family” of players who welcome with open arms everyone who wants to get some great exercise. We laugh, miss shots, “get in touch” with the net, and stay out of the kitchen whenever possible. To recover from these hard-played games, we cool off with fantastic pool parties and magnificent margaritas. Come out and see what all this craziness does for us. You will always have great guidance to enjoy and learn this game. Saturday mornings are skills and drills starting at 9:30 am to learn the game and pump up your skills. See you on the courts. ~ **Karen Reed, kbfini@gmail.com**



*Pickleball Pool Party*



## TABLE TENNIS

There are a lot of advantages to playing in our Four Seasons ping pong club. Sometimes surprising things happen that makes ping pong go beyond ping pong. That happened on June 30 when we were told that an anonymous person had given our ping pong club 10 tickets to the premiere showing of *Indiana Jones and the Dial of Destiny*. We handed out the tickets on a first-come, first-serve basis and they went fast. Who doesn't want a free night at the movies? So 10 lucky ping pong players met at the 2nd Street Cinemas and enjoyed a great action movie where we watched archaeologist Indiana Jones (Harrison Ford) as he raced against time to retrieve a legendary dial that could change the course of history.

Join us at The Courts for ping pong. We play Mondays through Saturdays from 2 to 4 pm. You never know when we might end up at the movies again and you could join us. For more information, email Niles at nilstrom@gmail.com.  
~ Niles Sundstrom



*L-R: Ping pong players Hailu, Niles, Bill, Jeannine, Mitch, Pat, Harvey, Soo, Lisa, and Brent displaying their ping pong paddles before going in to watch the fifth and final Indiana Jones thriller*

## TENNIS CLUB

If you are like me, you probably enjoy watching professional tennis matches on your big screen TV. Those top pros make it look so easy and glamorous, especially after winning a major event, holding the beautiful trophy with an enormous check in their hand and a big smile from ear to ear. However, have you ever wondered about the thousands and thousands of players who never made it to that level?

For players outside the top 100, life in general on the pro tours can be a constant balancing act between staying in the profession and avoiding bankruptcy. For the lower-ranked pros, they have to pay for all necessary expenses themselves, including flights, hotels, food, physiotherapists, equipment costs, fitness trainers, and coaches (if they can even afford one), etc. It is not uncommon for those players to spend more than they earn in order to compete on the tours. The physical, financial, and emotional stresses are staggeringly high. As tennis is a result-driven sport and is rewarded monetarily by winning matches, every unforced error, every lost point, every blown chance to win a match could mean less money to cover their next tournament.

The NFL, MLB, NBA and NHL all divide their pooled revenues between the players and the owners at about a 50/50 split. The teams would cover coaching, fitness training, healthcare expenses, travel, and accommodations, etc. Players' salaries are in the hundreds of thousands of dollars. On the other hand, tennis pros are independent contractors. They earn their income by winning matches. Their annual expenses can cost between \$150K to \$200K to



play professionally if they field a full support team. Even if they go it alone, expenses typically can run between \$40K to \$100K a year. As tennis is an individual sport, all expenses fall on each pro's shoulders. As such, for the average players without lucrative endorsement deals like the top ones have, just trying to break even with only prize money is a feat in and of itself.

So, if you have been thinking seriously about turning pro, and unless you are confident you can fight your way into the top 100, I guarantee it will be a lot less stressful to just remain a weekend warrior. Haha!

Beat you all to The Courts! Website: <https://sites.google.com/view/tennis-fourseasons/home>. ~ Stan Lam, (714) 757-2141, [slamcpa@gmail.com](mailto:slamcpa@gmail.com)







## WATER VOLLEYBALL CLUB

With the month of September upon us, members and guests of the Four Seasons Beaumont Water Volleyball Club continue to enjoy the sunshine and pool play during our summer season at The Courts. We meet every Monday, Wednesday, and Friday from 10 am to 12 pm, and are always looking for new players. All ages, heights, and skill levels are welcome. In addition to our three weekly outdoor sessions, we also play indoors at The Summit on Saturdays from 1 to 3 pm.

Our annual summer pool party took place on July 22. Despite the 100° temps, more than 70 members and guests participated. We socialized with friends and neighbors, ate delicious Mexican food, and danced to music provided by DJ Dave. Club members participated in a water volleyball tournament, won by Dave Rohrbacker's team, the "Bang Bang Ballers." A special thanks to our Club Officers (Craig, Vicki, and Mike) for organizing the event and jumping through multiple hoops to make it happen!

If you are looking for a club where you can have fun and laughs with your friends and neighbors, come check us out and bring your guests along. Everyone is welcome to join in the fun. As club member Pat observed, water volleyball is "a very accepting group of people and a fun way to get a little exercise." For more information, contact Craig Korotko at korotko@msn.com. ~ **Craig Korotko**

*Photos by Mel Harkin, Pat Spier, Debbie Lavario, and Sandy Henderson*



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# BEAUMONT BAGGER CORNHOLE GROUP

Play on Beaumont Bagger Cornhole Group! Through the heat of the summer, our Tuesday night fun has continued with new members joining us each week. We are so happy to welcome every player, from beginners to experienced, singles, couples, and groups.

We begin the night by placing each participant with a teammate. We continue with our games. Win or lose, we applaud the good shots, the close shots, and a good attempt. Then we end with a fun social time where we continue the fun and great conversation with our

neighbors.

Join us and learn a new game, meet new friends and neighbors, and have a great time. You are welcome to come just to applaud those good attempts or play. Bring your dinner and a dish to share and stay after the games for a social hour.

Put it on your calendar and be there on Tuesdays at 5 pm at The Summit. Any questions? Call me at (951) 388-0441. ~ **Pat Barry**



*Front row, L-R: Patti Negrete, Linda Santilli, Debbie Levario, Pat Keep, Colleen Battistone, Linda Young, Barbara Dipoma, Susan Conigliaro  
Back Row, L-R: Michael Battistone, Hank Negrete, Pete Levario, Brent Young, Rick Steckler, Steve Rust, Craig Korotko, Chris Korotko, Tom Conigliaro, Brenda Steckler, Richard Dipoma, Pat Barry, John Barry*



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## SHUFFLEBOARD

A great way to start getting some fresh air, exercise and socialization is to come out and play shuffleboard. We play at the new shuffleboard courts at The Lodge. They are located behind the swimming pool and next to the paddle tennis courts. We now enjoy our own quiet and somewhat shaded area in which we play.

Shuffleboard is an easy game to learn and anyone can quickly become proficient at this game. Our games usually last about an hour and we choose up different teams each time we play. This allows us to keep the competition challenging and the games interesting. We play for fun, but, of course, everyone likes to win. We have no losers, only non-winners.

We have a great group of residents who play regularly, but we are always looking for new players. So if anyone is interested in joining a fun activity, please just show up on Monday and/or Saturday morning at 8 am. We will give you an introduction to shuffleboard if you have never played before, or a refresher, if you have played before.

If you have any questions or concerns, please contact me; otherwise, I hope to see you at the shuffleboard courts on Monday and/or Saturday morning at 8 am sharp. ~ **Marty Rotman**, (310) 948-1693, [mrtmj@aol.com](mailto:mrtmj@aol.com)



## CURLY CUES BILLIARDS

School will be starting soon, if it hasn't already, and we will lose a wonderful player, Kim, as she goes back to teaching high school. She plans to definitely return during the school holidays, and until then she will be sorely missed.

We welcome anyone to come play billiards with a fun group of gals from 11 am until 1 pm on Mondays. It is not necessary to be a lady pro — players at all levels, including a very beginning level, are welcome to join us. For more information, contact Barbara Morton at (559) 269-0908 or [barb93720@yahoo.com](mailto:barb93720@yahoo.com). ~ **Barbara Morton**

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## WILD BUNCH BILLIARDS

Let's hope by the time you read this, the weather is below 100 degrees. If not, the Billiards Room is nice and cool, perfect for a game (or two) of pool.

The "Wild Bunch" is in full swing, and looking forward to having those who are serious and competitive billiards players join us. We enjoy playing 8 Ball, Scotch Doubles, and 9 Ball. You don't have to be the best player, just a player who wants to improve their game in a more competitive setting.

The "Wild Bunch" consists of some of the best players in the league, and we are always looking for great competition. Some of



these players are Joe Spinella, Bob Rector, Mike Corbett, Paul Snyder, Mike Fisher, Scott Frymire, Dave Martin, Gary Condurucci, Verina Rector, Gracy Luna, just to name a few.

If you want to play serious, competitive pool, we invite you to come by the Billiards Room on Fridays from 12:30 to 3:30 pm and join in the stimulation of competitive play. We invite Sun Lakes to join us, and they bring their best game for some exciting competition.

Looking forward to seeing you! ~ *Gracy Luna, gracyluna@aol.com, (951) 292-3624*

## 8-BALL CLUB

Your 8-Ball Club continues the season with lots of practice and tournaments. Just a reminder: the club practices or plays tournaments on Mondays, Wednesdays, and Fridays from 6:30 to 9 pm. We hold a Club meeting on the first Wednesday of each month, an 8-Ball tournament on the second Wednesday of the month, and a 9-Ball tournament on the fourth Wednesday of the month.

For off-site tournaments, note these addresses: Solera Oak Valley (1615 Fairway Dr., Beaumont); Solera Diamond Valley (1645 Paseo Diamante, Hemet).

If you're new to the game or have played before, don't be shy —

stop by, pick up a stick, and give us a try. Walk in and ask for Del, Larry, or any of the members who are playing. The 8-Ball Club is always looking for new members who would like to learn and play pool to join us. There is a calendar of our events in The Lodge Billiards Room on the 8-Ball Club bulletin board.

If you have any questions, contact one of the officers: Captain Del Lyles, Sr. at (951) 267-1752 or Co-Captain Larry Rice at (951) 236-1156. If no one answers, just leave a message and one of us will get back to you. ~ *Larry Rice*

## BILLIARDS FOR FUN

We finally had our second quarterly tournament. We had a great turnout and some very competitive matches. First place went to Butch Bonot and Lee Bourdet. Second place went to Ron Erickson and Gary Condurachi. A special thanks to Bob Semler and Dave Thomason for running the tournament. Great job gentlemen!

We meet Tuesdays from 11 am to 1 pm and 1 to 3 pm. We always welcome new players to join our group. If interested, call Paul Snyder (909) 214-9464. ~ *Donna Hendzel*



*Butch Bonot and Lee Bourdet*



*Ron Erickson and Gary Condurachi*



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## E-BIKE CLUB

Hi. Welcome to the e-Bike club. I'd like to say that to a lot more of you. We have a good-sized list of people interested in the club, but not a lot of riders. We have been meeting at The Lodge in the parking lot on the first Thursday of each month. However, there aren't a lot of people showing up. If you are receiving emails and the time doesn't work for you, please let us know. We can change or add more rides. Our success requires everyone to let us know what they are looking for.

By way of new information ... California has a new e-bike rebate program that should roll out at the end of this year and all next. As of Aug. 1, Riverside County has not picked up the plan. Follow the plan progress at [calbike.org](http://calbike.org).

California proposed Assembly Bill 530 if passed will prohibit all persons under 12 from riding e-bikes and require all others to complete an online bike-rider course and have either have a DMV issued drivers license or a new e-bike rider license. Follow this on [electrek.com](http://electrek.com).

Under existing California laws, cities and local governing bodies

cannot prohibit e-bikes from access to most **bike paths** except hiking, equestrian and recreation trails. **FYI Four Seasons trails are not bike paths.**

If you are a member, please let us know:

- When you would like to ride
- If you want to have a fixed non-riding meeting
- If you're interested in a bike show, like the car shows, where you can show off your e-bike and just chat about e-bike in general

We have been invited — really encouraged — to join the Golf Cart parades. So decorate your e-bike and join the parades. Remember an e-bike is just a golf cart for one.

Not a member? Contact either me at [cooleyaudit@gmail.com](mailto:cooleyaudit@gmail.com) or Mikelyn Bridges at [mnb82051@yahoo.com](mailto:mnb82051@yahoo.com) to join or ask questions. We'd love to hear from you. If you don't have an e-bike and are looking, come check us out. We would be glad to show you our bikes and might even be able to help you find a deal. ~ **Steve Cooley**, (801) 815-5302, [cooleyaudit@gmail.com](mailto:cooleyaudit@gmail.com)



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## LADIES PUTTERS

The Ladies Putter Group held their Bi-Annual Awards Potluck on July 10. Cash awards were given out in five categories in both Groups A and B for the first six months of the year, and Co-Groundskeeper, Bonnie Brown, brought some scratchers as door prizes which added to the fun! We added a few more categories which gave more players the opportunity to win. Below are the top winners in both Groups A and B. As always, we welcome new players even if you're only putting experience has been on the Miniature Golf Tour, LOL.

Closest To The Pin Without Going In - 1st: Sophia Yoo - 2"

GROUP A: Lowest Average - 1st: Phyllis Kates, 19.36

GROUP B: Lowest Average - 1st: Claudia Rozzi, 22.22

GROUP A: Lowest Round - 1st: Phyllis Kates, 14

GROUP B: Lowest Round - 1st: Elaine Brown, 17

GROUP A: Most Holes-In-One - 1st: Sophia Yoo, 41

GROUP B: Most Holes-In-One - 1st: Bonnie Brown, 29

GROUP A: Most Holes-In-One In A Single Round - Phyllis Kates, 4

GROUP B - Most Holes-In-One In A Single Round - Elaine Brown, 4  
~ *Phyllis Kates*



*Ladies Putting Group Top Award Winners*



*Ladies Putting Group Awards Potluck*



## TOPS

The weight loss journey is a personal one. At TOPS (take off pounds sensibly), we respect each member's individual journey and choices, while urging one another to be our healthiest selves. We even have a Bill of Rights which includes our right to privacy and right of choice regarding contests.

Last month we reviewed what a "serving" actually looks like. The U.S. Department of Agriculture replaced its 20 year-old food pyramid with easy to understand ways of measuring a serving size. For example, a three-ounce serving of meat should be the size of a deck of cards and one cup of yogurt the size of a baseball.

At one yummy meeting, we got to taste healthy homemade peanut butter oat clusters. Occasionally, members bring in low-calorie recipes, samples, or healthy store-bought finds.

You may find that a group like TOPS can help you as well. We meet on Tuesdays at 8:30 am in the Ballroom. For more information, call me at (918) 497-6791. ~ *Andi Henderson*

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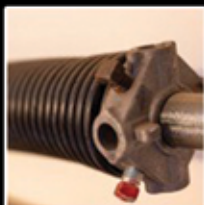
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## BOCCE CLUB

Summer is in full swing with our Bocce Group. With an 8 am start time we are done by 9:30 am before the weather warms. Umbrellas help give us some shade. Despite the heat we have been getting a good turnout for play.

We play on Tuesdays and Fridays at 8 am. Bocce ball requires no specific skill or previous experience. You will get a little exercise and



enjoy a beautiful view and breezes at the Summit, all while having a great time with a great group of people.

If you are interested in learning the game, all are welcome. Any questions, please contact me at (840) 234-6494 or hanknegrete16@yahoo.com. ~ **Hank Negrete**

## HORSESHOE CLUB

It's been awhile since I wrote an article and after this one, there won't be another for a while, reason being it has been decided to cancel our horseshoe play during the months of August and possibly September due to the extreme heat and concern for everyone's health and wellness. I did however want to announce the winners of our July tournaments along with associated pictures of the proud winners. The winners of our doubles tournament were: First Place Team – Harry Henderson and Paul Plamondon with Second Place going to Dave Roldan and Lee Bourdet. For our Singles Tournament: First place went to Harry Henderson and Second Place went to Hank Negrete. Congratulations gentlemen.

So we'll resume play in cooler weather. Everyone have a great summer. Our contacts are Ron Erickson at (951) 846-3288, rejlerickson@sbcglobal.net or Gary Christi at (951) 522-5161, goldtoy@earthlink.net. ~ **Ron Erickson**



*1st Place Singles - Harry Henderson (R) and  
2nd Place Singles: Hank Negrete (L)*



*1st Place Doubles: Harry Henderson and Paul Plamondon*



*2nd Place Doubles: Dave Roldan and Lee Bourdet*

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# CARS SHAPED LIKE FOOD GROUP

Last month we published the survey of those in our community who have cars shaped like food — over 50 percent of all households are proud owners of cars shaped like food. As you know, many have fruit and vegetable themed vehicles; Carmen Murr's banana car comes to mind (photo below). This month we're



featuring three foods that aren't in that ever-popular food group.

If you have a car that is shaped like food, or are in the market

for a car shaped like food, please join us every Monday morning at 9 am in the parking lot for a brief meeting followed by a picnic. Our group has blossomed this summer to over 1,550 very dedicated members. We take our hobby seriously and have four parades each year. We also do two cross-country trips each year, one in the fall and one in the spring. Our motto: Who has more fun than people who drive cars shaped like food? No one! See you soon! ~ Archibald Alexander Leach (909) 797-3647

At right: Santiago Manolin's lobster VW; drawn butter is in the console cup-holder



At left: Cibatta Rye's toaster Scion XB



At left: Oranda Cyprinidae's goldfishmobile

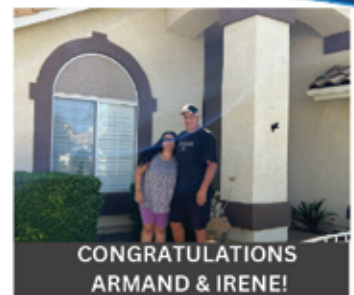
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## 4X4 SEASONS

This month we traveled through the historic mining town of Holcomb Valley, north of Big Bear Lake. Another spectacular day in the dirt.

If you'd like to get involved with the Four Seasons 4x4 Club, our meetings are on the second Tuesday of the month and we make our official club excursion the second Thursday of the month. Hope you can join us. ~

*Scott Snyder*



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## DOMINOES

We have a tie this month. Our winners are three great players — Pete Antoine, Vernon Bell, and Leroy Wright. Congratulations! Let's keep up the good work.

We play every Wednesday and Friday from 6 to 9 pm in The Lodge Game Room. For more information, contact Reggie at (951) 743-3594 or Jesse at (952) 769-2035. ~ **Wondell Collins**



*Leroy Wright,  
Vernon Bell, and  
Pete Antoine*

## PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn to play Pan, either individually or in a small group — your home or mine. Pan is a card game, much on the order of Gin in some respects, that is played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or at a private home. If you are interested, please contact Linda Mendelson at (951) 941-9100 or email Goldtoy@earthlink.net, and I will answer any questions you may have. As with all card games, it is played with both skill and luck. ~ **Linda Mendelson**

## PHASE 10

We hope to see more fun-loving card players to join us in The Lodge Game Room on Tuesdays, Sept. 12 and 26 from 2 to 4 pm.

There have been the usual 'faithfuls' but would love to see more join us to play this fun game. Snacks are provided.

The goal is to complete the 10 phases that are established for the game one round at a time. These phases include 'sets' of cards (all the same number) and 'runs' (cards in a sequence). There are also Wild cards and Skip cards during play. If you have any questions, please contact Marianne Bugni at (920) 517-2739 or email lamarib77@gmail.com. ~ **Marianne Bugni**

## MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN Main Room every Friday morning from 10 am to noon. I hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

## RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing friends and making new ones while playing this fun, fast-paced game.

We play in the Game Room at The Lodge on Mondays from 2 to 4 pm. We welcome pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions, I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**

## HEARTS

We play Hearts every Tuesday at 6 pm in The Lodge Game Room. We welcome new players. If you don't know how to play, we'll be happy to teach you. Seating is done by random card draw. Try your luck at getting all the hearts plus the queen of spades. That takes 26 points off of your score, or if you choose, adds 26 points to all the other players at the table. The jack of diamonds takes 10 points off of your score. Lowest score wins. It is lots of fun and we look forward to seeing you on Tuesday evenings. ~ **Lynette Smilac, smilac1954@gmail.com**

## BRIDGE FOR FUN

If you are thinking of new activities and have a basic knowledge of how to play the game of Bridge, come join us on Wednesdays from 12 until 3:30 pm in The Lodge Game Room. We are a fun and easy-going group; come play with us. For more information, contact Verona Rector at (951) 769-1687. ~ **Lois L. Butler**

## PINOCHLE FOR FUN

Whether you are a new or experienced player, we will help you enjoy the game. We meet in the RCN Room #1 every Monday, Wednesday, and Friday from 9 am to noon. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**

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## CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or to visit with existing friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ **Pam Morales**, [pamelamoraless26@gmail.com](mailto:pamelamoraless26@gmail.com)

## THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld using runs and sets of at least three cards. The first player to lay all cards down receives no points. Then the remaining players lay down their cards, on either the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to Kings. The lowest score wins. Not a lot

of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed.

We meet the first and third Tuesday of each month at 2 pm in The Lodge Game Room. Everyone is welcome to join us. If you have questions or want to be put on the group email list, contact Simone at [simone@bissada.net](mailto:simone@bissada.net). ~ **Simone Bissada**

## BUNCO

Looking for a way to meet new friends? Join us on Fridays from 1 to 3 pm for Bunco. On the first and third Fridays, we play regular Bunco in the RCN. On the second, fourth, and fifth Fridays, we play Wacky Bunco in the Game Room at The Lodge. We've added a few twists to the scoring to keep you on your toes!

Everyone is welcome! If you have any questions, contact Linda Supernaw at [supernaw4@sbcglobal.net](mailto:supernaw4@sbcglobal.net) or Cheryl Diego at [kinderbear@msn.com](mailto:kinderbear@msn.com). ~ **Cheryl Diego**



## UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Fridays of every month from 2 to 4 pm in The Lodge Game Room. ~ **Deborah Garner**, [kenyakiki@aol.com](mailto:kenyakiki@aol.com)

## CO-ED BID WHIST

Hey everyone! I am inviting more folks to come out and play Bid Whist. We have paper flyers available at The Lodge, and our electronic flyer can now be viewed on the E-Boards in all the facilities and online in the Activities Blast

We have an enjoyable time socializing while applying our individual team strategies to win the hand or stop the opposing team from winning. You can almost hear the excited voices of the victors around the tables, as well as the sounds of the Temptations or Herbie Hancock or Aretha Franklin or BB King or Adele — a variety of mellow music — in the background while we play.

I strongly encourage new players to come out. We will teach you how to play this game. Bid Whist is a variation to the original game



of Whist and it involves strategy, card counting and careful communication with a partner. It is similar in play to Bridge and Spades. Whether you are new to the game or a veteran player, I invite you to come out and play with us!

The Co-Ed Bid Whist group meets on Tuesdays from 6 to 8:30 pm in the RCN Room 3. We offer a satisfying game environment filled with skill, good cheer, good natured 'trash talking' and some great music. Win or lose ... you will have a lot of fun and meet some great folks while

playing Bid Whist. We look forward to seeing you at the tables!

For more information, contact Frank Turner (562) 922-9737. ~ **Frank Turner**

5	9	7	1	3	4	6	8	2
1	8	2	5	9	6	3	7	4
6	3	4	8	7	2	1	5	9
7	5	3	6	2	1	9	4	8
4	1	8	9	5	7	2	3	6
2	6	9	4	8	3	7	1	5
8	7	6	3	4	9	5	2	1
9	2	5	7	1	8	4	6	3
3	4	1	2	6	5	8	9	7

**EASY**

6	7	5	3	8	9	4	2	1
3	1	4	7	6	2	9	5	8
8	2	9	1	5	4	3	7	6
9	3	6	5	7	8	1	4	2
1	8	2	4	9	3	7	6	5
4	5	7	2	1	6	8	9	3
5	6	8	9	4	1	2	3	7
7	9	3	8	2	5	6	1	4
2	4	1	6	3	7	5	8	9

**MEDIUM**

2	5	8	9	4	7	6	3	1
7	3	1	2	6	5	8	4	9
4	9	6	8	1	3	7	5	2
9	7	4	5	3	6	1	2	8
3	6	5	1	8	2	4	9	7
1	8	2	4	7	9	3	6	5
6	1	9	3	2	8	5	7	4
8	2	3	7	5	4	9	1	6
5	4	7	6	9	1	2	8	3

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# GET THE JOKE – WIN BISTRO BUCKS!

“Get the Joke” is a simple contest... somewhere in this issue is a “joke” ad, article, or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous, or just plain goofy — and hopefully it will bring a smile to your face. When you find it, email your response to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com). Or you can cut out and complete the box below and take it to The Lodge front desk. One correct entry will be chosen at random to win a \$20 gift card to the Bistro. Please get your entry in no later than the eighth of the month. Thanks!

## Senior Derby

LAST MONTH'S JOKE



*All competitors started strong but there were inevitable missteps. Niles Muckracker (at left) took a late lead and won by a nose. To compete in our next Senior Derby, call club President Sir Racealot at (909) 797-3647.*

## YOUR COMMENTS

*Thank you Breeze for all the informative information you pass on to us all. Linda K.*

*Those are some fine race horses! Shelene G.*

*I enjoy the Breeze. It's fun to look for the joke every month. I just started this activity. This Four Seasons rocks! Betty E.*

*I'm grateful for our beautiful community and the wonderful friends I've found here! Caryn M.*

THIS MONTH'S WINNER:

**MARTY ROTMAN**

## I got the joke!

Resident's Name (first & last): \_\_\_\_\_ Phone \_\_\_\_\_

This was the joke: \_\_\_\_\_

We love your comments (about the joke, the Breeze, or whatever's on your mind!): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



# Farewell to Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos are optional. Limit the remembrance to 400 words and send it to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com). Be sure to include your contact information in case we need to reach you. Contact information will not be published.



Steve and Aundrea Katz

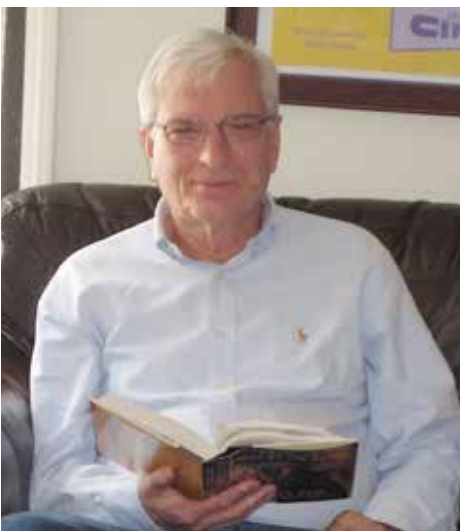
**STEPHEN KATZ** It is with great sadness we announce the passing of our neighbor and friend Stephen Katz. Stephen passed after a gallant battle with throat cancer. Stephen lived in Four Seasons with his beloved wife Aundrea since 2018.

Born and raised in New York City, Stephen is best known for his lifetime work in the audio and recording industry. He was an accomplished and ground-breaking sound engineer. His entry into the recording industry started with work on the hit song *Walk Away Renee* by the group Left Banke. That project blossomed into a lifetime career, working on very high profile audio engineering projects.

Stephen eventually made his way to Hollywood where he and four other colleagues were recruited to work as Dolby consultants on films such as the first *Star Wars*, *Close Encounters of the First Kind*, *A Star is Born*, and *Altered State*. It was this work that won him an Academy Award in 1979. He was especially proud of his work with Barbra Streisand.

In 1988, Stephen married the love of his life, Aundrea. They made a life together in the Los Angeles area. In 2018, they made their way to Four Seasons Beaumont, where he lived until his death. Stephen was a regular contributor to the *Breeze*.

Stephen was buried on Aug. 11 at the Sunny Slope cemetery in Beaumont next to Aundrea. His family and friends were present for the funeral.



**ED PAULES**, born February 11, 1942, passed away at home on August 3, 2023, after more than a three year battle with mouth cancer. Ed leaves behind Barbara, his wife of 55 years, his two children Gregory and Amanda, his daughter-in-law Angela and grandchildren RJ and Zoe. Ed also leaves behind two siblings, Marian and Sam.

Ed was born and raised in New Jersey. He and Barbara met as children in Sunday school at the church where Ed's father was the pastor. Ed graduated from Muhlenberg College and served three years of active duty and three years of reserve duty in the U.S. Navy. After completing his military service, Ed simultaneously pursued his MBA from The Wharton School, and Barbara, who was attending Drexel University across the street. After driving her to school every day for two years, Ed and Barbara were happily married and eventually had their two children. Ed spent his 50 year career as a finance executive, working primarily as a Risk Manager for banks in New York, Chicago, Boston, Columbia, and Miami. After retiring in 2015 and moving to Four Seasons, Ed enjoyed traveling with his wife, spending time with his children, and contributing actively to the community by serving on the Board of Directors, the Planning Committee, and the Architectural Review Committee. He also participated in the Writers Group, Ballroom Dancing Group, and the Choral Group. He will be deeply missed by his family and friends.



# On the Breeze

## Photos Wanted

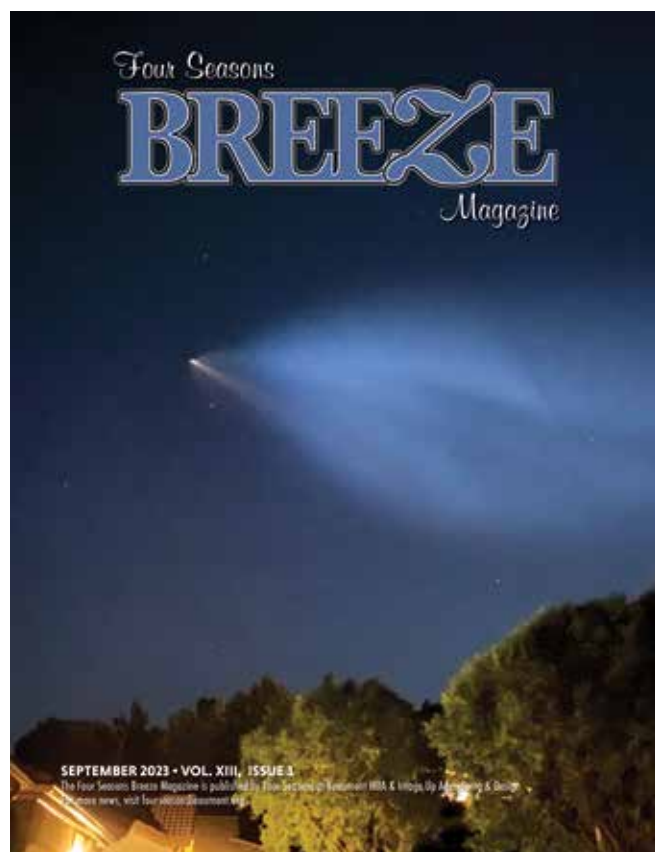
If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com)
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

## Submission Guidelines

The *Breeze* Communications Board requires all committees, clubs, and groups to submit their article **no later than 12 noon on the sixth of each month**. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to [FourSeasonsNews@yahoo.com](mailto:FourSeasonsNews@yahoo.com). Articles submitted as PDFs or in hard copy will not be accepted.

Please include the committee, club, or group name; writer's contact information; and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. NO COLLAGES. Photos and articles will be printed at the discretion of the Communications Board.



## COVER PHOTO

Photo by Debbie Benson: "Space-X rocket launched tonight August 7, 2023 around 9 pm. I was standing behind my house at 1483 Four Seasons Circle (cross street - White Sands)."

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If you would like to advertise in the *Breeze*, please contact Image Up Advertising & Design at (909) 797-3647 or email [imageup1@verizon.net](mailto:imageup1@verizon.net).

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